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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 13, 2016

MAY SUNRISE/SUNSET: 13 6:43 • 8:07 14 6:42 • 8:07 15 6:41 • 8:08 16 6:41 • 8:09 17 6:40 • 8:09 18 6:40 • 8:10 19 6:40 • 8:10

Groundbreaking Held For Community House Renovation Project



From left, Billy Kirkland, Mike Kelly, Mark Anderson, Bill Sartoris, Tom Sharbaugh, Marge Meek, Nicole McHale, Friedrich Jaeger, Amy Nowacki, Teresa Riska-Hall and Calli, Dane, Richard and Baillie Johnson at Monday's groundbreaking ceremony

by Jeff Lysiak

With its \$3 million capital campaign nearly complete, Sanibel Community Association board and staff members gathered with local supporters and businesses at The Community House on Monday morning

to officially break ground on a six-month reconstruction, restoration, renovation and expansion project.

"Construction begins today," proclaimed Sanibel Community Association board member Mike Kelly, who noted that a survey of the site's property lines, and the installation of a silt fence were the final

steps required by the City of Sanibel prior to permits being issued. "We hope to have the construction substantially done by the middle of November," Kelly said.

According to Sanibel Community Association leaders, renovations to the nearly 90-year-old structure will include:

- Adding a fresh, attractive exterior design befitting "Old Florida" including a new roof and porch style entryway/drop-off area

- Redesigning the building's interior space for a more open, flexible floor plan
- Redesigning the existing kitchen and

continued on page 40

Blue Ribbon Golf Classic Is Saturday



Supporters of The Sanibel School Fund's Blue Ribbon Classic Golf Tournament gathered last week at The Sanctuary Golf Club, from left, Ita Weymotin, Ken and Kim Kouril, Barbara and Jason Maughan, Brett Kist, Art Cassell, Rob Lisenbee and Christian Fautz

photo by Jeff Lysiak

The Sanibel School Fund Blue Ribbon Classic Golf Tournament will take place this Saturday, May 14 at The Sanctuary Golf Club, 2801 Wulfert Road.

Registration begins at 11 a.m., followed by lunch and the shotgun start at 12:30 p.m. The helicopter ball drop will take place at 4:30 p.m., followed by an evening reception with live auction items. Music will be provided by Danny Morgan and the special guest will be Sanibel Mayor Kevin Ruane, one of the first Sanibel School Fund presidents who launched the golf tournament 10 years ago. For more information, contact Kim Kouril at 233-4180 or kouril2013@gmail.com.*



Despite high winds, Team Chasin' Poon hooked the first tarpon on tournament day, May 7, and took home a check for \$12,037.50. Pictured, from left, Sarah Lathrop, Don Wildman, Gary Biltgen, Matt Mitchell, Mary Laser, Wade Roberts and Paul Trifalk.

Capt. Mitchell Team Wins Tarpon Tournament

by Anne Mitchell

Capt. Matt Mitchell, fishing writer for *Island Sun* and *The River Weekly News*, and his team Chasin' Poon won the "Ding" Darling & Doc Ford's Tarpon Tournament last weekend, May 6 and 7.

They caught the first tarpon of the tournament to win first place and a \$12,000

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The Von Harten family - Carl, Haley, Barbara, Tyler and Rick - gathered at the party

Community Thanks Von Harten For 19 Years Of Excellence

by Jeff Lysiak

Last Tuesday afternoon, fellow faculty, staff and students – along with a number of prominent members of the island community – turned out to say farewell to principal Barbara Von Harten, who stepped down from her position of 19 years at The Sanibel School.

The three-hour celebration, held at The Dunes Golf & Tennis Club, included mingling with well wishers, refreshments, gift-giving and reflecting on Von Harten’s legacy of education excellence.

At the center of each table, as well as scattered across a large billboard, were photographs and newspaper clippings chronicling Von Harten’s tenure on the island, including several articles about The Sanibel School being lauded as a National Blue Ribbon School in 2008.

Von Harten’s official last day at the school was on May 5.✱

more photos page 6



Teachers, staff and co-workers from The Sanibel School with principal Barbara Von Harten at her retirement party held at The Dunes on May 3



Grace, left, and Faith Mitchell presented Barbara Von Harten with a Luc Century engraved crystal jar



Zane Stoneman, left, presented Von Harten with a gift, along with his mother, Colleen, and sister, Zoey

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Community House Renovations Still On Schedule

Tom Sharbaugh, SCA board president, reported that The



Fundraising will be continued



With the planning and permitting process completed, work on the project will commence in the next few weeks. The Community House will be closed for the summer, with a grand reopening planned for November. Users of The Community House looking to hold events next season should call Executive Director Teresa Riska-Hall at 472-2155 to discuss scheduling.

SCA's main event for the year has long been the Sanibel Shell Festival, which held its 79th edition in March

An advertisement for "Sailor's Toy Shoppe". At the top, a dark blue banner with a red border contains the shop's name in large, yellow, serif capital letters. A small, realistic-looking dog's head wearing a green sailor's cap is positioned between the words "SAILOR'S" and "TOY SHOPPE". Below the banner, the text "TOYS, GAMES & STUFFED ANIMALS" is written in bold, red, sans-serif capital letters. Underneath this, three categories are listed in black, sans-serif capital letters: "NOVELTY ITEMS COLLECTIBLES", "BEACH TOYS COMIC BOOKS", and "CANDY PARTY FAVORS". The central image shows a white paper boat floating on stylized blue waves. The boat is filled with various toys: a Hello Kitty plush doll with a pink bow, a box of "CUTTING FOOD" (a Melissa & Doug product), a box of "POPO" (a Melissa & Doug product), a giraffe plush toy, a teddy bear, a monkey plush toy, and a box of "Bearington Collection" (a Melissa & Doug product). The boat has a red oval logo on its side that reads "Melissa & Doug" in white script. The background is a light yellow gradient.

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The image displays three white t-shirts with black line art designs. The top shirt features the text "Sanibel Island" at the top, followed by illustrations of three palm trees, a sun, a crocodile, and a person running. Below the illustrations is the text "Florida Fast Food!". The middle shirt features the text "Florida Triathlon" at the top, followed by illustrations of a swimmer, a person on a bicycle, a crocodile, and a person running. Below the illustrations are the labels "SWIM", "BIKE", and "RUN", and the text "Sanibel Island" at the bottom. The bottom shirt features illustrations of Hello Kitty and a crocodile. Below the illustrations is the text "Goodbye Kitty" and "Sanibel Island, Florida" at the bottom.

Sanibel Island

Florida Fast Food!

Florida Triathlon

SWIM BIKE RUN

Sanibel Island

Goodbye Kitty

Sanibel Island, Florida

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and achieved record gross income. The festival is the culmination of year-long work on the part of SCA's Shellcrafters organization, who collaborate with the Sanibel-Captiva Shell Club and the Bailey-Matthews National Shell Museum to stage the event.

Other noteworthy SCA activities reported included introduction of a redesigned website, an expanded program of historical talks and luncheons, and a new SCA programming area centered around culinary interests and activities.

The new culinary programs at The Community House have been developed by the SCA Kitchen Guild, a recently formed group of food-enthusiasts spearheaded by former SCA president Salli Kirkland and SCA board member Marge Meek. Starting last summer, the Kitchen Guild created a series of monthly community potlucks that have been a big hit. Each potluck is built around a specific food theme and includes an informative talk or cooking lesson component.

The Kitchen Guild was also responsible for creating January's successful Cooking With The Island Stars event, a cooking competition and demonstration event featuring local "home chefs" preparing their favorite dishes. These popular cooking-oriented events will be continued and expanded next season, enhanced by the new, larger and well-equipped kitchen that will be part of The Community House renovation.

Kirkland Honored With Lifetime Achievement Award

SCA's special award for long-time service to the organization, the Gordon Schopfer Lifetime Achievement Award, was presented to SCA board member Billy Kirkland. A loyal supporter of The Community House for many years, Kirkland has provided many different services and untold hours of work to the house.

New Board Members Elected

In other business, three board members who are departing from the SCA board were thanked for their service: Linda Naton, Bryan Hayes and Felicity Rafalski. Two new board members, Susan Bellevue and Tommy Williams, were elected. SCA officers elected for the coming year were Tom Sharbaugh, president; Richard Johnson, vice president; Mike Kelly, secretary; and Bill Sartoris, treasurer.✱



Billy Kirkland receives SCA's Gordon Schopfer Lifetime Achievement Award from SCA President Tom Sharbaugh

Summer Youth Scholarships

The FISH Youth Scholarship Program helps qualified parents pay for their child's educational camp sessions, helping them to continue working when their child is out of school during summer months. FISH works with The Sanibel School, Children's Education Center of the Islands and other sources to identify families that may apply for a scholarship.

"Our goal is to help build economic security for families while giving children the opportunity to experience quality care while their parent works. Summer programs, now more than ever, play a crucial role in the development of school-age children. The structure that these programs provide is invaluable to the family," states Christine Swiersz, LCSW, FISH program director. Ongoing summer programs include:

- **BIG ARTS Summer Program** – Monday through Friday, 9 a.m. to 3

p.m., grades K-12

- Children's Education Center of the Islands Summer Program – Monday through Friday, 7:30 a.m. to 5:30 p.m., Pre-K

- Sanibel Recreation Center Program – Monday through Friday, 8 a.m. to 5 p.m., grades 1 through 8.

New this year, the Captiva Island Yacht Club and its members donated several one-week scholarships to the youth summer sailing camp. Based on need and eligibility, these scholarships will be offered to families as determined by FISH social workers Christine Swiersz and Jessi Zeigler.

FISH thanks BIG ARTS, Children's Education Center of the Islands, private donors, Sanibel-Captiva Kiwanis Foundation, The Sanibel-Captiva Optimist Club, Sanibel Recreation Center and The Captiva Island Yacht Club and its members for their partnerships in helping island youth succeed.

For more information, visit www.fishofsancap.org.☆☆

Garden Club Supports Renovation At Community House

Shell Islands Garden Club recently joined other Sanibel organizations in support of the renovation project at the The Community House.

The Shell Islands Garden Club, which meets the second Tuesday of the month from October to May at The Community House, has in the past contributed to the plantings around the building. Executive Director Teresa

Riska-Hall shared the extensive landscaping plans for the current project with SIGC President Gerri Perkins, who in return presented Riska-Hall with a check for \$1,000. ✨



Teresa Riska-Hall, executive director of The Community House, receives a \$1,000 check from Gerri Perkins, president of the Shell Islands Garden Club



From page 3
Von Harten



Former teacher Bonnie Liljequist, right, giving Barbara Von Harten a present



A basket filled with notes from students at The Sanibel School to the retiring principal



Marty Harrity giving Barbara Von Harten a hug



Toni Westland and Dick Muench chatting with the guest of honor



Two of Von Harten's former co-workers from Orangewood Elementary - Susan Gower, left, and Jane Swedish - looking at a class photo from 1993



Guests looked at a display of photographs and newspaper clippings featuring Von Harten and The Sanibel School
photos by Jeff Lysiak



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Commission Passes '50 Percent Rule' Back To Council

by Jeff Lysiak

During its May 10 meeting, the planning commission – with no additional alternations – unanimously approved the proposed amendments to the city's Land Development Code definition for substantial improvement, passing a resolution to move the legislation along to city council for formal approval.

During the council's session earlier this month, the city's planning department had proposed several modifications to Sanibel's "50 percent rule" for structural improvements (which applies to residential structures, short- and long-term rentals as well as businesses), which limited improvements of up to 50 percent of the building's value to be completed every five years.

On March 1, Planning Department Director Jim Jordan explained to the council that Sanibel had been named a Class 5 Community by the Community Rating System (CRS), a voluntary incentive program that encourages community floodplain management activities that exceed the minimum National Flood Insurance Program requirements by reducing insurance premiums.

As a result of the classification, island residents are eligible to receive up to a 25 percent reduction in flood insurance premiums. Also as a result of the city's participation in the CRS and 18 creditable activities – which include public information, mapping and regulations, flood damage reduction and flood preparedness – residents may eliminate Cumulative Substantial

Improvement limits as well as the 50 Percent Maximum Increase of Floor Area for Property Lifetime restriction.

"An option presented by the consultants was to eliminate the five-year cumulative cost of improvements period and 50 percent increase in floor area for the life of the structure as neither are required by the Federal Emergency Management Agency (FEMA)," Jordan told the council.

Under the revised legislation, substantial improvement would be defined as "any repair, reconstruction, rehabilitation, addition or other improvement, or combination or accumulation of any repair, reconstruction, rehabilitation, addition or other improvement of a structure in which the cost of the improvements equals or exceeds 50 percent of the market value of the structure at the time that an application is filed. For structures which have sustained damage, including substantial damage, the value shall be determined as of the time immediately before the damage occurred. Notwithstanding anything to the contrary, however, where the start of construction has preceded the filing of the application, the date for determining either the costs of the improvements or the market value of the structure shall be the date immediately preceding the start of construction."

The council handed the legislation off to the planning commission for further input, however, Tuesday's meeting yielded no further changes to the proposed code revision.

"Anything we can do to speed up (the legislation's) passage will be fine," said commission chair Dr. Phillip Marks, who made a motion to approve the resolution, which was seconded by commissioner Chuck Kettman and passed, 6 to 0. Commissioner Holly Smith was absent and excused from Tuesday's session.

After commissioner John Talmage

offered his appreciation for Smith bringing the issue up for discussion over the past several years, and who can be credited for being the impetus behind eliminating the five-year restriction, fellow commissioner Chris Heidrick cautioned that homeowners and businesses owners should contact their insurance companies before moving forward with structural improvements.

Making improvements could increase flood insurance premiums "significantly," he added.

The city council is expected to hear the first reading of the proposed ordinance at its June 7 meeting, with a second reading, public hearing and potential adoption during the July session.

In other business, commissioners approved a conditional use permit for FantaSea, a store specializing in home accessories and artwork located in the Periwinkle Place Shopping Center. Because the business is considered a formula retail store – operating similar businesses in Sarasota, Naples and Key West – and because the addition of the retail space will exceed the city's 50,000-square-foot plateau for commercial units (being located within Periwinkle Place), a conditional use permit was required.

"The Planning Commission may wish to give favorable consideration to the fact that FantaSea proposes to operate with a limited number of the factors qualifying it as a formula retail store. According to the applicant's narrative, no two stores are alike as the décor and merchandise are tailored to each community. Additionally, the store will make use of the existing exterior architecture at Periwinkle Place," the city's staff report reads in part. "Despite being regionally 'local,' FantaSea is required to go through the same conditional use approval process as all other new formula retail stores."

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Free Hurricane Seminar

The City of Sanibel will sponsor the 2016 Hurricane Seminar at BIG ARTS Center, 900 Dunlop Road, on Friday, May 27 from 1 to 3 p.m.

The free seminar seeks to educate residents, property owners, business owners and island workers on topics such as 2016 hurricane predictions, family hurricane planning, using social media in emergencies and City of Sanibel building codes.

Reservations to attend are not required.

Sanibel hurricane re-entry permits will be available for residents and businesses. For requirements, visit the Hurricane Re-entry Pass Program on the city's website, mysanibel.com. Older passes are no longer valid.

Featured speakers include: Dave Roberts, city weather consultant, who will discuss hurricane formation, different categories of hurricanes and the dangers of storm surge; Jim Bjostad, Lee County Emergency Management program manager, who will review the county's responsibilities and hurricane planning for families; Sandra Tapfumaneyi, Lee County Emergency Management operations section chief, who will discuss social media; Maggie Goldsmith, with Friends In Service, who will speak on special needs issues; and Harold Law, City of Sanibel Building Official, who will review building codes.

Lt. William Dalton, Sanibel Police Department and City of Sanibel Emergency Management director, as well as Sanibel Chief of Police William Tomlinson will be on hand to answer questions.

For information, call Emergency Management Specialist Lance Henninger at 472-3111 ext. 234.✪



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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 13, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

Friday, May 13, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

Monday, May 16, 11 a.m., adults \$7, teens \$5, 12 and under no charge

– CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, May 17, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

Wednesday, May 18, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

Thursday, May 19, 11 a.m., adults \$7, teens \$5, 12 and under no charge

– Patient Profiles: Gopher Tortoises, presented by CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Friday, May 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.*



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The finale with many of the H2O teens



LOGOS kids singing *My Lighthouse*



Matthew Lucker sharing *The Bridge Illustration*



Spice Girls perform

SCC Holds Annual Talent Night

H2O, the student ministry for students in 6th through 12th grade at Sanibel Community Church, held their annual talent show, *Starry Starry Night*, on April 10.

The show featured singing, dancing, instrumentals, the spoken word and jokes. It provided an opportunity to learn what the teens have planned for the summer.

“We really appreciate how our church blesses this ministry so much year after year. With these generous donations, we are able to plan and assist our teens on missions trips, camp opportunities, retreats and many other opportunities,” said Youth Pastor Kevin Schafer.

Plans are for this event to become a dinner theater next year, with the community welcomed to attend.

For more information about the student ministries, call 472-2684. The church is located at 1740 Periwinkle Way.✪

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Poverty Seminars At Church

The next two programs in the Summer Sunday Seminar Series on May 15 and 22 at Sanibel Congregational United Church of Christ are entitled Poverty in America. Utilizing an award-winning documentary, *The Line*, from Emmy Award-winning producer Linda Midgett, the classes will examine the impact of poverty on the lives of Americans and will feature materials on raising the minimum wage and the role of race in poverty.

The Seminar Series presentations are in Heron Hall, on the church’s lower level. The programs are at 9 a.m., between the 7:45 a.m. chapel service and the 10 a.m. full service.

The presentations continue through the summer and into the fall. In the program, Honoring the Dead, on Sunday, May 29, the class will look at various ways that cultures through the centuries have paid tribute to the dead, especially those killed in war.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, directly across from the Periwinkle Place Shopping Center. For more information about these and other upcoming Sunday seminars, call the church office at 472-0497, or visit www.sanibelucc.org. ✪

Celebrate Children And Youth



Members of the Sunday School and Youth Groups of Sanibel Congregational United Church of Christ perform a skit at last year's Children and Youth Sunday Celebration.

Sanibel Congregational United Church of Christ invites members of the community to join them at 10 a.m. on Sunday, May 22, for a celebration of children and youth. Worship that morning will include participants from the congregation's preschool, Shine!, Journey and Sunday School, who will help to lead worship with music, dance and skits.

Senior Pastor John Danner will offer a special participatory sermon, Happy Shirts, for kids of all ages. Afterward, the Children and Youth Committee will host a Fellowship time, which will include ice cream sundaes.

The public is welcome to join the celebration at SCUCC at 2050 Periwinkle Way, directly across the street from the Periwinkle Place Shopping Center. For more information about Children and Youth Sunday or the congregation, visit www.sanibelucc.org or call the church office at 472-0497. ✱

CARD OF THANKS

Hello, my name is Carl Johanson. I am a firefighter who is employed with Sanibel Fire and Rescue District.

On January 24, 2016, I was involved in a motor vehicle accident which left me severely injured. I have had several surgeries and I am on the road to recovery. I am looking forward to getting back to work in the future.

I wanted to take the time to personally thank all of the great residents of Sanibel and the people of Lee County that expressed their support and made financial donations to help me.

I cannot tell you all how deeply touched and humbled I am. Each and every one of you have made a difference in my life, and for that I am eternally grateful.

My recovery is coming along and I really believe that all of you have helped me tremendously to achieve this. I still have a ways to go, but I go with a heart full of joy from all the compassion and continued support you have given me.

On behalf of my family, myself and my department, I thank you all from the bottom of my heart.

God bless, sincerely,
Carl Johanson✱

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Thiago trying the piano during her introduction to classical music at Sanibel Christian Preschool



Addie trying the piano during her introduction to classical music at Sanibel Christian Preschool

Preschoolers Study And Play Classical Music

Students at the Sanibel Christian Preschool enjoyed learning about the *Carnival of the Animals* by Camille Saint-Saëns as part of their ongoing Classical Music Introduction course. Teacher Ana Abella showed students how instruments are used to make music that illustrates different animals in the composition, *Carnival of the Animals*.

Students of the preschool, which is a ministry of Sanibel Congregational United Church of Christ, also went on an in-house "field trip" to one of the pianos in the church, and talked about this instrument used in most of the pieces we are studying. The students learned about the characteristics of the piano and tested the different registers by playing it with Abella's help.

Sanibel Christian Preschool offers classes for 2-, 3- and 4-year-old VPK students, welcoming children and families of all backgrounds. Applications are currently being accepted for the school year beginning in August; forms can be found online at sanibelucc.org. Financial assistance is also available.

For more information or to arrange a visit, call preschool director Laura Miltner at 472-0497. ✱

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month
from December through April at the
Sanibel Congregational Church, 2050
Periwinkle Way at 5 p.m. A pot luck is held
at a member's home on the third Sunday
of each month. email ryi39@aol.com or
433-4901.*

The musical classic *Fiddler on the Roof* is this month's free movie night presentation at Sanibel Community Church on Sunday, May 15 beginning at 5 p.m.

Fiddler on the Roof, a lavishly produced and critically acclaimed screen adaptation of the international stage sensation, tells the life-affirming story of Tevye (Topol), a poor milkman whose love, pride and faith help him face the oppression of turn-of-the century czarist Russia.

Free kosher hot dogs, some healthy snacks and baklava will be served at 4:30 p.m. All are welcome to attend. A love offering will be received for Jews For Jesus.

Worship services are held at 8, 9 and 11 a.m. each Sunday at Sanibel Community Church, a non-denominational congregation located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit www.sanibelchurch.com or call 472-2684.*

Democratic Club To Feature Mock Debate

Who will be the Democratic challenger to take control of Marco Rubio's Senate seat in the 2016 election? The August 30 Primary will be the only opportunity for Florida voters to make their choice between two Democratic challengers: Alan Grayson and Patrick Murphy.

On Thursday, May 19 at 7 p.m. at the Sanibel Public Library, the Democratic Club of the Islands will feature a mock debate between Alan Grayson and Patrick Murphy, with Sandra McClinton representing Grayson and Mike Bonacolta representing Murphy.

McClinton is the former chairwoman of the Lee County Democratic Party and current vice president of the Democratic Women's Club of Florida. Bonacolta has been an intern in many political campaigns – including Barack Obama's – and is currently serving as a Democratic state committeeman.

After opening statements from each of the "candidates," the moderator, Chet Sadler of the Democratic Club of the Islands' board, will take questions on subjects as diverse as



Mike Bonacolta



Sandra McClinton

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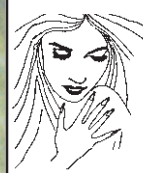


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Highlights Of Lily's 12th Birthday Party And Fundraiser



Salli Kirkland and her granddaughter Ally Flynt visited Lily & Co. Jewelers last Saturday for the jewelry gallery mascot's 12th birthday party. Kirkland's dog Jamie accompanied them. The celebration helped raise \$12,821 for the Animal Refuge Center (ARC) in North Fort Myers.



Lily & Co. co-owners Karen Bell and Dan Schuyler photos by Jeff Lysiak



Dan Schuyler meets Cooper, a puppy recently rescued from Lee County Domestic Animal Services



Linda Gornick and Don Meidinger wait for their dog Willow's portrait to be created by sketch artist Michael White



Calli, Richard and Bailie Johnson of Sanibel Catering Company by Bailey's



Sketch artist Michael White

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale – returning in November. If you are doing some spring cleaning before heading back up north, the center welcomes your donations of clean, gently used items. All donations are tax deductible. Bring items to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, June 8 is *The Great Santini* by Pat Conroy. Bring your lunch and view the movie at 12:30 p.m. There will be a discussion of the book and movie at 2:30 p.m.

Harold P. Curtris Honey Company in LaBelle – Tuesday, May 17, Cost is \$5 for members and \$10 for non-members.

Take a behind-the-scenes tour to learn about making, collecting and cooking with honey, and the importance of the pollinators. Honey items are available for purchase in the store. Lunch will be at Two Peas Café (home of Granny Ella pies). Car pooling available. Advance registration is required. Space is limited. Contact the center for more information.

Sunset Social on the Causeway and Corn Hole – Thursday, May 19 at 6:30 p.m. (weather permitting).

Watch the sunset and play a game of corn hole with friends. Meet on the causeway at 6:30 p.m. Bring a dish to share and your beach chair. Contact the center for directions to the viewing area.

Artis-Naples, The Baker Museum and Lunch at Seasons 52 – Tuesday, June 7. Cost is \$10 for members and \$15 for non-members.

Take a private tour of the museum's current one-of-a-kind exhibit, Naples Collects, which is an eclectic exhibition that brings together examples of the best-known American artists of the 20th century, works by masters of European art and contemporary artists. After the tour is lunch at Seasons 52. Fee includes private tour at museum only. Car pooling available. Register by June 3.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Tuesday and Thursday Kayaking – May 24 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members.

Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (through May 26). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

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CROW Case Of The Week:

Whitetail
Deer Fawn

by Bob Petcher

Whitetail deer fawns (*Odocoileus virginianus*) usually remain within 100 yards of their mothers' watchful eyes during the first few weeks of their lives, even though they have the capability

of walking after only a few hours of their birth. In fact, newborn fawns typically can stand and nurse within the first 30 minutes of life.

The mother doe can give birth to one, two or three fawns. However, twin fawns are separated by their mother for three to four weeks. The doe will hide the two babies in different locations, usually within 25 feet of each other, but could be as far apart as 200 feet depending on conditions.

Whitetail deer fawns are generally born sometime between late April and early July and usually weigh between four to eight pounds. At birth, they have a silky, spotted reddish coat that sports several hundred spots and camouflages the animal by blending well with the surrounding natural environment. The whitetail fawn loses its spots by the end of October of the same year it was born, or within 3 to 4 months after birth.

By November, the average whitetail male fawn can weigh close to 80 to 85 pounds, and the female fawn could weigh 75 to 80 pounds. The coat of the fawn changes from a reddish color to a grayish winter coat as the spots disappear. The male fawn's face grows a bit darker in color, but the belly remains white.

A fawn is born without odors so that predators are not attracted to its location. To help with that protectiveness, the mother doe will stay away from the fawn for a few days so that her scent does not rub off on her offspring. This allows the fawn to remain in hiding while gaining strength.

Last week, a white-tailed deer fawn was brought to CROW from Labelle after it was found with an injured left front limb. Upon arriving at CROW, the fawn received an x-ray to check for internal injuries and to find out the extent of the leg injury. A humerus fracture in the left front limb was discovered. The fawn was also determined to be female.

Upon further examination, the fracture was revealed to be an older injury with a bony callus. Due to the age of the injury, surgery was not an option as the leg will "very likely" never return to normal functionality. CROW medical staff determined the only option was to seek a permanent home for the juvenile deer.

While the fawn is able to walk, CROW officials stated she will have a limp for the remainder of her life due to the injury. Since she will be unable to successfully escape or protect herself from predators in the wild, the fawn will be placed at an educational facility. A location has been confirmed, but details are still being worked out, so



Patient (#16-1482) is attended to by, from left, Brittaney English, CROW medical hospital office manager; Allison Daugherty, doctor of veterinary medicine intern; and Jessica Dyer, CROW fellow. The fawn's eyes were covered with a stockinet and cotton was stuffed into her ears to decrease stress.

the name of the facility has yet to be announced.

Even with the unfortunate circumstance, the fawn is still expected to live a complete life.

"The fawn will live a normal life in an educational facility where she will be taken care of," said Dr. Heather Barron: "Unfortunately, due to the injury, it is unable to be released back into the wild. The fracture is from a previous injury so even if it was able to be corrected, the

fawn's leg would not be fully functional. We are happy that we have found her a home."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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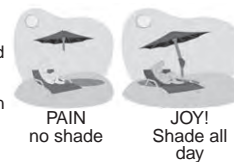
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A May Cold Front Changed Everything



by Capt. Matt Mitchell

The first week of May was strange, to say the least. Earlier in the week, we experienced the best tarpon bite so far this season, with near perfect conditions and lots

of tarpon throughout the whole area. Mid-week, we were hit with a late season cold front bringing rain and cooling water temperatures. After the passing of this weather system, anglers had to deal with strong northerly winds and a drastic crash in water temperatures, which all but shut down the tarpon bite completely.

Anglers had just enough great tarpon fishing to really start to enjoy it before the weather took it away for at least a few days. Luckily, this weeks' forecast shows daytime high temperatures in the high

80s, which will quickly warm the water back up and bring the tarpon back into the sound. Live crabs, pinfish, threadfins and cut mullet all got bit before the cold front. On our best morning of pre-cold front tarpon fishing, we jumped four fish and landed one while watching rolling and free jumping tarpon the whole trip.

In the first few days following the cold front, I advised my clients to fish for something other than tarpon. We switched it up and went back to shiner fishing the mangroves for snook and redfish. Unlike most years in May, I headed way back in the mangrove creeks to find the best action until the water temperature warmed. Along with snook in the mangrove creeks, we also caught a few slot-sized redfish and some large trout. Fishing a March pattern in May is just not a normal thing, but the winter we just experienced was far from normal. Even this mangrove bite was tough at times, with nothing coming easy.

Fishing in the 5th annual "Ding" Darling & Doc Fords Tarpon Tournament on Saturday, the 50-boat field had to deal with about the worst tarpon fishing conditions possible. Everyone involved in this local fundraising event for the "Ding" Darling National Wildlife Refuge still had a great time. Only two tarpon were



Kevin Murray with a slot sized redfish caught while fishing with Capt. Matt Mitchell this week

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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landed in the tournament by some of the best tarpon fishing teams in the area. Winners "Chasing Poon" was the team of Mary Laser, Gary Biltgen, Wade Roberts and myself. We were lucky enough to have one tarpon bite in the nine-hour tournament and quickly took advantage this getting leader touch release in 15 minutes on 100-pound plus tarpon, which was the first of the only two fish landed.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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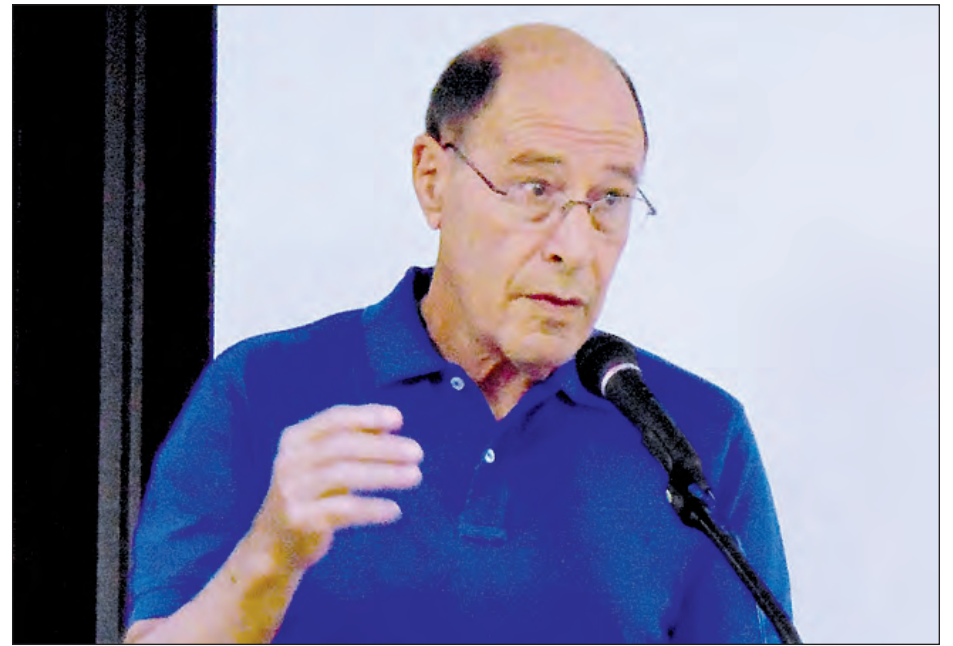
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Zika Virus Discussed At The Library



Dr. Phillip Marks discussing the Zika virus at last week's Master Gardeners lecture

photo by Jeff Lysiak

by Jeff Lysiak

Last week at the Sanibel Public Library, Dr. Phillip Marks followed the monthly Master Gardeners lecture with a presentation on the Zika virus, offering information on the history of the disease, its symptoms, the potential for birth defects and ways to prevent attracting the mosquitoes that carry the virus.

Of the 472 Zika virus cases reported in the United States (as of May 4), 95 cases have occurred in Florida. Of that total, nine have been reported in Lee County.

"In general, it's a very benign clinical course," Dr. Marks said of the disease, whose symptoms may last anywhere from several days to a week after being bitten by an infected mosquito. The most common symptoms of Zika are fever, rash, joint pain and conjunctivitis (red eyes).

However, the most concerning outcome of Zika is the potential for birth defects. According to the Centers for Disease Control and Prevention, acquiring the virus infection during pregnancy can cause a serious birth defect called microcephaly – a condition where a baby's head is much smaller than normal – as well as other severe fetal brain defects.

"There's not much brain tissue there... it's mostly fluid," Dr. Marks noted of babies born with microcephaly.

The virus was originally detected in 1947 and is named after the Zika Forest in Uganda. In 1952, the first human case of Zika was reported in Nigeria.

During his presentation, Dr. Marks explained that mosquitoes are attracted to standing water, typically found in puddles, birdbaths, pet bowls, buckets and garbage can lids. He suggested that island residents take steps to prevent standing water – especially following a rainfall – from accumulating in areas around their homes and businesses.

"It only takes a couple of days for mosquitoes to find it," said Dr. Marks, who also noted that the Lee County Mosquito Prevention District only sprays around marshes, canals and wetlands, which accounts for only 65 percent of the island's land area. "They tend to just hang around your house if they find water."

The mosquitoes that carry Zika – the *Aedes aegypti* and *Aedes albopictus* varieties – are active during peak periods of the day rather than during the dusk and dawn hours, when most mosquitoes typically feed. While there is not vaccine currently available to prevent the disease, there are steps the CDC recommends to prevent being bitten:

- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning and window and door screens to keep mosquitoes outside.
- Take steps to control mosquitoes inside and outside your home.
- Sleep under a mosquito bed net if you are overseas or outside and are not able to protect yourself from mosquito bites.

• Use Environmental Protection Agency (EPA)-registered insect repellents with one of the following active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus, or para-menthane-diol. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breast-feeding women.

Another little-known fact about Zika: The mosquitoes become infected when they feed on a person already infected with the virus. Infected mosquitoes can then spread the virus to other people through bites. However, once a person has been infected, he or she is likely to be protected from future infections.

The virus may be transmitted through a blood transfusion, through sexual contact and from mother to child during pregnancy.

"There have only been nine cases reported (in Lee County), but I think there may be hundreds more... this could be just the tip of the iceberg," added Dr. Marks. "It won't really hit home until we see an American baby born with a small head."

For additional information, visit www.cdc.gov/zika/.

Plant Smart

Purple Coneflower

by Gerri Reaves

Like many other members of the aster family, purple coneflower (*Echinacea purpurea*) resembles a daisy, with its densely packed central disk flowers surrounded by ray flowers.

Those showy blooms measure three to four inches and have reddish brown or orange disks surrounded by light purple drooping ray flowers. The disk color actually comes from the bracts, or modified leaves, not the tiny flowers themselves.

The term Echinacea, derived from the Greek word for “hedgehog,” indicates the spiny nature of the disk flowers, which collectively form the dome-shaped cone.

The nectar-rich flowers attract pollinating insects, butterflies and hummingbirds. After the petals drop off, the seeds in the cones attract birds.

The alternate leaves are lance-shaped or oblong, two to six inches long, coarse and hairy. The longest leaves appear lowest on the stems.

This perennial is low-maintenance, drought-tolerant, hardy and undeniably beautiful. It grows in clumps, reaching three feet tall or more, with single flowers appearing on the stiff rough stems.

Give it a well-drained spot in full sun. It will tolerate some shade, but might have less vivid color and be leggy.

Use it in a natural garden or mass planting or as a pot plant. It can also be used in cut and dried arrangements.

Propagate it with seeds or by division. Various cultivars, from white to pink to lavender, exist.

Purple coneflower is one of several Echinaceas whose roots and flowerheads are used medicinally for a variety of purposes, including strengthening the



Purple coneflower attracts bees, wasps, butterflies and birds
photos by Gerri Reaves

immune system. A popular herbal tea is made from the flowers.

This species is listed as endangered in Florida and occurs naturally only in Gasden County.

Sources: *Gardening for Florida's Butterflies* by Pamela F. Traas, *Native Florida Plants* by Robert G.



Numerous flowers make up the spiny disk

Haehle and Joan Brookwell, cloverleaffarmherbs.com, edis.ifas.ufl.edu, floridata.com, fnps.org, plants.usda.gov, uswildflowers.com, and wildflower.org.

Plant Smart explores the diverse flora of South Florida.✱



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Shell Of The Week

Tampa Bay
Top Snail

by José H. Leal,
PhD, The Bailey-
Matthews National
Shell Museum
Science Director &
Curator

One most remarkable shallow-water species from Southwest Florida is the

Tampa Bay top snail, *Calliostoma tampaense* (Conrad, 1846). Recently, I photographed one of our resident top snails, collected by Amy Tripp in Collier County. (Under a Florida State Special Activities License, museum staff and associates normally collect a limited supply of live mollusks for our live tanks, which are superbly maintained by staff marine biologist Rebecca Mensch.) The image of the live animal on the right shows, among other features, the snail's head, with tentacles, eyes and the cylindrical snout with mouth at the end. The snout is equipped with a characteristic pair of jaws. The jaws are made of chitin, a substance similar to the keratin in our fingernails. The jaws help the animal hold its food for chewing by the specialized teeth called the radula. This feeding set-up comes handy during the top snails' meals, which usu-



Photos by José H. Leal

The Tampa Bay top snail, *Calliostoma tampaense*. Photo on right shows a live animal crawling on the glass wall of one of the museum's live tanks; the large white structure is the snail's foot.

photos by José H. Leal

ally consist of small colonial organisms called hydroids. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admis-

sion. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo.

Wednesday at 1:30: Mollusk

Matinées – A series of nature-related lectures presented by local experts.

(Please check shellmuseum.org for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✱

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An image of the Bailey Homestead Preserve's 1896 original structure and attached Honey House

Walking Tours Of Bailey Homestead

Explore the Sanibel-Captiva Conservation Foundation's Bailey Homestead Preserve during walking tours on Wednesday, May 18 and Wednesday, May 25 at 8:30 a.m. both dates.

SCCF acquired the preserve in 2011. Since then the land has undergone many changes and habitat restoration continues. The Native Landscapes and Garden Center has relocated, demonstration gar-

dens have been planted, the Shipley Trail and Devitt Pond have been created and the original 1896 house has undergone repairs.

The one-hour walk through part of the Bailey Homestead Preserve property, entitled Making The Land Work, tells the story of how the land has changed through time interwoven with SCCF's mission. The land is not only actively being restored to preserve unique habitat and wildlife, but also utilized as a site for research. Participants will walk a portion of the trail, sit beneath the whirl of the restored windmill, stroll through the gardens, learn about native landscaping, visit the old Honey House – now the Garden

Center shop – and view the original portion of the house built in 1896.

The walk begins at the Gateway Kiosk along the Shipley Trail. As always, SCCF members are admitted free of charge. There is a \$5 fee non-members 17 and older.

The Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. It is accessed via a driveway at Roadside City Park. The Gateway Kiosk is adjacent to the first parking area on the left. Walking tours will also be available each Wednesday during the month of June at 8:30 a.m. Call 472-2329 for more information.

SCCF's Native Landscapes and Garden Center is open from 8:30 a.m. to 5 p.m. Monday through Friday during the month of May for assistance and provision of all native landscaping needs.✱

Guest Speaker At Garden Club Meeting

John Sibley of All Native Garden Center in Fort Myers was the guest speaker at the May meeting of the Shell Islands Garden Club.

Sibley was introduced by club member Jaye Boswell, an All Native Garden Center customer for many years. Sibley brought a large selection of plants with him and entertained the members with information about each plant and its needs. In addition, he provided each



Jaye Boswell and John Sibley

member with a plant list for Florida native plants, a copy of *Waterwise: South Florida Landscapes* and two *Guides for Real Florida Gardeners*. After his talk, Sibley offered his plants for sale and was quickly surrounded by buyers.

The meeting concluded another fun-filled year for Shell Islands Garden Club, which meets on the second Tuesday of each month from October to May. Newly installed president, Gerri Perkins, presided over the meeting that also featured the end of the year sale of member-grown plants and other garden-related items.

In the fall, many of the club meetings will be field trips due to The Community House renovation. For more information about the club, contact Perkins at 201-400-2078.✱

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Shells Found



Nathan Wiedyke, age 11, with his dad, Shane Wiedyke
Nathan Wiedyke, 11, and his dad, Shane Wiedyke, found shells at Tarpon Beach during Spring Break 2016. Shane is holding a lightning whelk and Nathan is grasping a horse conch. The Wiedykes were vacationing from Gross Ile, Michigan.✧✧

Shell Found



Teresa Schul
Teresa Schul, visiting from Eagle Rock, Missouri, found a junonia on the beach in front of Sanibel Siesta on May 7. Schul reported that she found the shell at sunset, using a net/scoop on a sandbar about 20 years off the shore.✧✧



Middle school students in costume for the upcoming musical

Students Rehearsing For Musical

Sanibel School students are preparing for their performance in the Disney musical *Beauty and the Beast Jr.*, which will come alive on the school stage at 7 p.m. Thursday and Friday, May 26 and 27 and June 2 and 3. There are 34 students in grades 6 to 8 in the cast and crew.

Disney's *Beauty and the Beast Jr.* tells the story of Belle, an adventurous young girl, and the Beast, her hideous

captor who is actually a young prince trapped under a spell. In order to break the spell, the Beast must learn to love another and earn her love in return – before time runs out. With the help of the castle's enchanted staff, including a loving teapot, a charming candelabra and a nervous mantel clock, Belle and the Beast find a beautiful friendship and love that neither knew was possible. *Beauty and the Beast Jr.* features classic songs from the Academy Award-winning film score such as *Be Our Guest* and *Belle*, as well as original songs from the 1994 Tony-nominated Broadway musical.

continued on page 44



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Art League Donates Books, DVDs To Library

Sanibel Public Library users have access to an even larger selection of educational art books and DVDs, thanks to the Sanibel Captiva Art League.

One donated book, *Art Students League of New York on Painting: Lessons and Meditations on Mediums, Styles and Methods*, by James L. McElhinney, contains a chapter written by former Sanibel Captiva Art League President Naomi Campbell. McElhinney's book is a comprehensive guide to painting in all media. Another book, *Turn on the Light*, by plein air artist Morgan Samuel Price, captures the effects of natural light.

The DVD *Painting Light, The Cape School Method* by Camille Przewodek offers a study of color theory, helping to see the world in terms of color and light, and its application on canvas. The DVDs by Alvaro Castagnet, *Inspired Watercolor* and *Passionate Painter in Havana*, illustrate the passions and color of Cuba.

The presentation was made by Sanibel Captiva Art League President Marcy Calkins and board member Ellie Harries to Margaret Mohundro, executive director of Sanibel Public Library.

"We're grateful for the positive relationship between the library and art league, and the privilege given the art league to display member paintings," said Calkins. The art league's May exhibit is a collection of plein air paintings.

"We appreciate this gift from Sanibel Captiva Art League," said Mohundro. "The art books and DVD films are popular items, and the patrons look forward to enhancing their creativity."

DVDs and films are available for one-week checkout at the library; the books check out for two weeks.

All Sanibel and Lee County residents are eligible for a library card at no charge. Visitor cards (valid for one year) are available for \$10.

The library is located at 770 Dunlop Road. For more information, call 472-2483 or visit sanlib.org.



Margaret Mohundro, Marcy Calkins and Ellie Harries

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selected by Tanya Hochschild

Ordinary

by Carol Erlich

Just when I thought
We were too old for romance,
For the old fun that tingled
My spine and sent tickles
Through my innards –
Just when I sighed,
Settling, I guess, for a flat plate
Of ordinary for the rest of our days –
Just then
I saw your smile,
Felt your hand reach my shoulder,
Touch my neck

In your old way of knowing.

Oh my –in a transforming moment
The magic returned –
Not the same,
But it tasted so sweet.

I could tell
A new, seasoned world had begun.

Carol Erlich retired audiologist and clinic administrator, writes and paints. She co-authored All Kinds of Love – experiencing Hospice.✽✽

Free Concert For Fifth Graders

The Southwest Florida Symphony Orchestra invites fifth graders in Lee County public and private schools, and those homeschooled, to attend the Young People's Concert (YPC) on Friday, May 13 from 10 to 11:30 a.m. at the Barbara B. Mann Performing Arts Hall at FSW.

The annual YPC is free, part of the symphony's educational outreach program, designed to introduce young people to classical music.

The theme is Symphonic Storytelling, led by Maestro Dr. David Cole, youth symphony conductor. Students will hear how music has the ability to tell a story thematically through programmatic music. The concert will also demonstrate how composers use these concepts in the modern storytelling of films, featuring music from *Lord of the Rings*, *Harry Potter* and *Star Wars*.

"As an organization, we strive to supplement our schools' music

curriculum and inspire fifth grade students to want to learn to play an instrument as they enter into middle school," said Todd Betz, Southwest Florida Symphony education director.

The YPC is sponsored by the LAT Foundation, Suncoast Federal Credit Union, the Southwest Florida Symphony Society and LCEC.

For more information, call 418-0996 or visit swflso.org.✽✽

BIG ARTS Honors Scholarship Winners

BIG ARTS has named six recipients of the 2017 BIG ARTS/Robert Rauschenberg Scholarships, awarded to high school seniors and college students pursuing a career in visual arts, music, dance, theater, creative writing or film.

Sarah Adler, Natalie Kazmin, Inka Schulz, Isabella LeVan, Valerie Hernandez and Amalia Smith will be honored at an awards ceremony and reception in BIG ARTS Schein Performance Hall, 900 Dunlop Road, on Tuesday, May 17, at 10 a.m. The public is invited to attend.

"It is a great honor to award scholarships to these gifted students," said Lee Ellen Harder, BIG ARTS executive director. "To be able to help make it possible for them to further develop their artistic careers is very exciting. They are the future in keeping the arts alive, after all."

Support for the scholarships comes from the Robert Rauschenberg Foundation, Patricia and Davis Thurber, Deborah and John La Gorce and other community support of BIG ARTS' programs benefiting scholarships.

To learn more, visit bigarts.org or call 395-0900.✽



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Bank Art Series Features Sanibel School Students' Work

by Jeff Lysiak

The final art show of The Sanibel School's 2015-16 season is currently on display at SunTrust Bank, located at 2408 Periwinkle Way. An opening reception for the showcase – which displays artwork from 38 elementary and middle school students – will be held on Thursday, May 19 at the bank. Refreshments will be served from 4:15 until 6 p.m.

According to art instructor Tylor Stewart, the reception will provide the public not only an opportunity to view the artwork, but several of the artists will be on hand to answer questions and provide insight on their work.

"When The Sanibel School students have the opportunity to display their art at a public venue, it builds their confidence and allows them to feel inspired to create more, take risks and continue to think creatively," said Stewart. "The arts provide a therapy of sorts for anyone who partakes. We need this outlet, in this day and age, and it is terrific for these students to have feedback from adults. It is important for them to learn to speak about their art, what it means to them, how they accomplished it, what materials they used or what they think they could have done better."

In addition, a number of Sanibel Captiva Art League members will attend to view the up-and-coming artists' work and provide feedback, if needed.

"Constructive criticism can be hard to hear for young artists, but I feel it provides a way for them to develop a growth mindset in that effort – and hard work develops character," added Stewart.

The following students' works from The Sanibel School are on display:

Middle School – Sofia DeCosta, Anna Wells, Amy Martinez, Beru Pierce, Will Lejeune, Kianna Toothman, Caroline Waite, Tye Robison, Kirill Bykor, Meleah Thomas, Bella Myers and McKenna Sprecher

Grade 5 – Vincas Jankaukas, Nick Underwood, Riley Johnson, Luca Corricelli, Hudson Stirner, Camryn Peach, Antonio Clark and Preston Hall

Grade 4 – Brandon Stevens, Lillia Kleinow, Jack Sergeant and Jack Powers

Grade 3 – Julia Lemmon and Grace Mitchell

Grade 2 – Molly Dunn, Liza Agibalova-Garcia, Sophie Allen and Drew Barron

Grade 1 – Sammy Wells, Lila Fields, Vanessa Kelly, Madison Byrne and Kylie Hackett

Kindergarten – Karmindy Schafer, Dawson Liebetrau and Oliver Wilkinson

This exhibition concludes the 2016 art series at SunTrust and, according to Stewart, has been anticipated to be "one of the most interesting presentations of the season."✱



A grouping of student artwork now on display at SunTrust Bank on Sanibel

photo by Jeff Lysiak

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Art League May Exhibit At Library

Throughout the month of May at the Sanibel Public Library, Sanibel Captiva Art League is sponsoring an invitational exhibit of local plein air art.

Every Thursday morning, an enthusiastic group of local artists meet at various designated places to enjoy the outdoors,

find inspiration for a work of art, and paint in their medium of choice. An informal critique and brown bag lunch complete the morning. Visitors to the island and residents are always welcome to these gatherings which are organized by Carolyn Johns.

Members of Sanibel Captiva Art League, who have regularly attended these outdoor painting sessions, were invited to exhibit their work this month. Some of the art illustrates easily recognizable area locations, while other paintings



Carolyn Johns, *Sanibel Community House* reflect the mood or atmosphere of the occasion. The exhibit was hung by Rita McLain, Judith Clark and Anita Force Marshall, while Gloria Krekel supervised the removal of the April show.

The Sanibel Captiva Art League was formed in 1964 and has been an integral part of island life for many years. One of its goals is to promote public interest in and appreciation of the fine arts in all of its forms. More information about the league may be found online at www.sancapart.com. ❖



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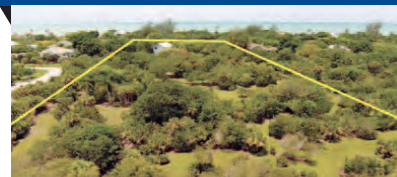
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Summer Camp And Apprentice Program



Fourth of July was one of the themes last year during the BIG ARTS Summer Art Camp

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For seven weeks this summer – June 20 through August 5 – there will be thematic weeks for children in grades 1-5 through the Summer Arts Camp, while middle and high school students will have the chance to learn different artistic skills such as photography, pottery, drawing and several more through the Apprentice Program. Middle and high schoolers also have an opportunity to earn community service hours.

Activities run from 9 a.m. to 3 p.m. daily. For the Summer Arts Camp (grades 1-5), the cost is \$175 a week. The Apprentice Program is \$100 a week.

"Everything is done at an introductory age appropriate level," said BIG ARTS Camp Director Erin Peter. "And every instructor has good teaching experience on varying levels. Some instructors teach throughout the year here at BIG ARTS and all are certified teachers."

The Fine Arts Instruction and Apprentice Program for middle and high school age students offers seven different classes, starting with photography from June 20 to 24.

The schedule includes:

- Week 1: June 20 to 24, Photography
- Week 2: June 27 to July 1, Clay
- Week 3: July 5 to 8, Acrylic Painting
- Week 4: July 11 to 15, Printmaking
- Week 5: July 18 to 22, Drawing
- Week 6: July 25 to 29, Video

Production

Week 7: August 1 to 5, Glass Fusing
Students in the Apprentice Program have the option to volunteer half the day as well. They can take art instruction for half a day, volunteer for half a day or do both for a full day.

"Those who volunteer can use those hours as their community service hours which are required in high school," Peter



BIG ARTS Camp Director Erin Peter demonstrates pottery, one of the seven Apprentice Programs offered

said. "If they decide to volunteer, they will help the instructors out in class with the younger kids. They will help cut and glue, and help out every morning before class starts and play games with the younger kids to keep them motivated through the day."

For the kids in grades 1-5, they will have thematic weeks, such as the popular Dr. Seuss or the winter wonderland with Let it Snow! Frozen in July.

The Summer Arts Camp schedule includes:

- Week 1: June 20 to 24, There's No Place Like Camp!
- Week 2: June 27 to July 1, Mini Masters Art Week
- Week 3: July 5 to 8, Party in the USA
- Week 4: July 11 to 15, Let It Snow! Frozen in July
- Week 5: July 18 to 22, Once Upon A Time At Camp
- Week 6: July 25 to 29, Let's go Green!

Week 7: August 1 to 5, The Wonderful World of Dr. Seuss Week

"Our goal is to make it comfortable learning a new craft or expand their knowledge in the arts," Peter said. "We want them to walk away by the end of the week learning a new skill and be confident in those skills."

At the end of the week, each student's work will be on display for parents to see. The kids also put on a performance for their parents each Friday afternoon to show what they have learned throughout the week.

"It's like their own exhibit opening," Peter said.

To download a registration form, go to www.bigarts.org/summerCamp.html or call 395-0900.

BIG ARTS Summer Arts Camp is sponsored by Sanibel-Captiva Kiwanis Foundation, LAT Foundation, Sanibel Captiva Community Bank and Hans and Leslie Fleischner. Media sponsor is Times of the Islands Media, Inc.*



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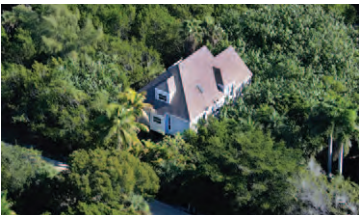
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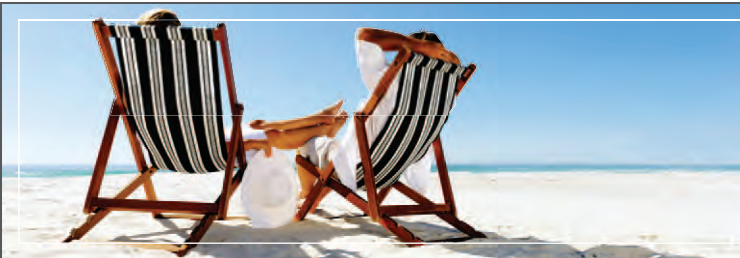
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Sanibel Captiva Trust Company

Finding Growth In A Slow-Growth World



by Craig J. Holston Chief Investment Officer,
The Sanibel Captiva Trust Company

With global Gross Domestic Product (GDP) estimated to grow only about two percent in 2016, a common question we hear from investors is: “Why should we expect our equity portfolios to grow in this kind of slow-growth economy?” This is a fair question, especially if you consider that price to earnings (P/E) ratios have increased from 13 times 2008 depressed earnings to the current P/E of 16 times 2016 earnings estimates. The answer really depends on two factors: stock selection and investment goals.

Investors who are not relying on their portfolio to fund their living expenses should focus on finding great companies with a long track record of increasing profits at a rate in excess of global economic growth. Even if P/E ratios remain unchanged, we feel that over time stock prices can increase as company-specific earnings increase. The table below highlights three companies that have shown consistent earnings growth despite the current stagnation in the world economy:

In the case of Alphabet (formerly Google), actual earnings have grown by an average of 12 percent per year over the last five years and are expected to increase 17 percent in 2016. Long-term investors in exceptional companies like these have been

		EARNINGS	2016 EARNINGS
	TICKER	5 YEAR HISTORIC	ESTIMATED
COMPANY NAME	SYMBOL	GROWTH RATE	GROWTH
ALPHABET	GOOGL	12%	17%
LOWE'S	LOW	18%	21%
NIKE	NKE	14%	9%

amply rewarded as stock prices have risen in tandem with the earnings. For those investors who need current income, finding companies with a history of not only paying out dividends, but actually increasing them, is a more conservative way to increase value in a portfolio. Unlike a traditional bond, where the interest payment remains constant from issuance until maturity, an equity that increases its dividend becomes ever more valuable to the investor. The table below highlights three companies, with an average dividend yield of nearly three percent, that have raised dividends 10 consecutive years:

Dividend Growth Rates 2006-2015											
	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	Cumulative
Procter & Gamble	+11.0%	+12.4%	+14.3%	+10.6%	+9.6%	+9.1%	+7.5%	+7.0%	+7.0%	+3.9%	+141.5%
Microsoft	+15.6%	+10.8%	+12.2%	+13.0%	+5.8%	+23.6%	+22.1%	+16.9%	+18.6%	+12.2%	+303.1%
Johnson & Johnson	+14.1%	+11.3%	+10.8%	+7.5%	+9.3%	+6.6%	+6.7%	+7.9%	+6.6%	+6.9%	+131.4%

Of particular interest is that these companies actually increased their dividend payouts in 2008 and 2009 in the midst of the financial crisis, even as corporate earnings of S&P 500 companies decreased 24 percent during the same period. This consistency of dividend growth speaks to the underlying quality of companies we can select when building an income-oriented portfolio for an investor. The bottom line is that if an investor wants to increase portfolio value in a slower growing economy, start by choosing higher quality companies with a track record of increasing intrinsic value. Earnings and dividend growth are two ways that history has shown can accomplish this goal. Source for both charts: Thompson Reuters Baseline.✱

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Since May is National Electrical Safety Month, LCEC is joining Electrical Safety Foundation International (ESFI) in raising awareness about potential home hazards and the importance of electrical safety. ESFI seeks to educate the public in order to reduce the number of electrically related fires, fatalities, injuries and property loss. According to the National Fire Protection Association, exposure to electricity continues to be a substantial cause of injury and death among workers in the U.S., with nearly 2,000 fatalities and over 24,000 non-fatal injuries from 2003 through 2012. In addition to electrical safety in the home, LCEC encourages people to use caution when working or playing outdoors. Check to make sure that items such as ladders, kites, booms, pool skimmers and antennas are clear of overhead power lines. Never touch or attempt to move a downed power line. Remember that power lines are underground as well. Before digging, call 811 to have utility lines marked. To learn more, visit lcec.net or call 656-2300. For information on National Electrical Safety Month, go to esfi.org/program/national-electrical-safety-month-314.✱

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Zontians await instructions for the Women Build home in San Carlos Park

Zontians Help Transform Local Habitat Home

Women Build is a focused, two-week annual initiative of Habitat for Humanity International, involving women in the construction or rehabilitation of homes for women and their families. Locally, it is taking place under the auspices of Habitat for Humanity of Lee and Hendry Counties, Inc. This year, two homes – one in San Carlos Park and one in Cape Coral – underwent rehabilitation from April 25 through May 9.

Zonta's mission is to empower



Zontians Nori Ann Reed, Nancy Dreher and Janine Boardman at Women Build



Zontians having fun painting the exterior of the Women Build home

women through service, advocacy and funding, so Habitat for Humanity – with its mission of providing simple, decent, affordable housing – is an excellent fit for the club and its foundation. During the first week, members of the Zonta Club of Sanibel-Captiva formed

enthusiastic work groups to provide volunteer labor at the San Carlos Park home.

The assignment for Zonta's work days was painting, inside and outside, of the three-bedroom home. Armed with rollers and brushes, and sporting Women Build T-shirts, almost a dozen Zontians worked in shifts, supervised by experienced Habitat volunteers.

"Women Build is a great time for women to work together to support other women and learn new skills at the same time," said Kitty Green, president and CEO of Habitat for Humanity of Lee and Hendry Counties. "We are so glad for Zonta's participation in the program this year."

The home in San Carlos Park was scheduled to be dedicated on May 7, and will be occupied by a young woman who heads a household comprising her two small children and a disabled niece.

"We are so excited to be helping to change the lives of this special family with this wonderful project – we worked hard and had fun too," said Zontian Judy Baran, who coordinated one of the Zonta work groups.

Habitat held a six-week fundraising campaign earlier this year to raise the \$100,000 needed to sponsor the two homes, and the Zonta Foundation of Southwest Florida provided a grant of \$5,000 towards this ultimately successful goal.

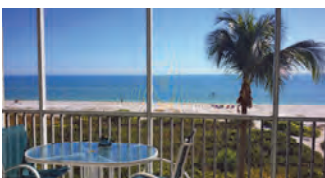
For more information on Zonta, visit www.zontasancap.com. For information on the local Habitat affiliate, visit www.habitat4humanity.org. ✨



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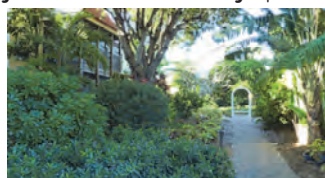
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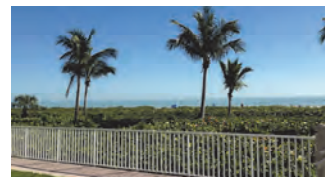
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Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotary engaged in a little trash talking a few weeks ago. It was not about sports, politics or other service clubs.



We were talking about the real thing. We were talking about approximately 1,836 tons per day, 569,619 tons per year of solid waste processed by the Lee County Solid Waste Resource Recovery Facility on Buckingham Road, east of Fort Myers. This Waste-to-Energy Facility is a public/private partnership with Lee County and operations are handled by Covanta Lee, Inc. of Fort Myers.

Tom Mueller from Covanta Lee spoke to us about this facility and what it means to Lee County and how Covanta processes solid waste into renewable energy. I don't know about most islanders but I do know that I was basically unaware of this renewable energy processing plant here in Lee County, and the sad thing about that is, this is a big deal. According to Mueller, "Covanta Lee opened in 1994 and has converted more than five million tons of trash into clean electricity and



Tom Mueller

residual ash that takes up about 10 percent of the landfill space that would have been required by the unburned garbage. The sale of electricity to Seminole Electric Cooperative and sale of recovered metals covers about 85 percent of the operating costs of this facility.

"Covanta Lee uses reclaimed water from a city-owned wastewater treatment plant for all of its processed water and it is equipped with both ferrous (steel) and non-ferrous (brass, copper, aluminum)

recovery systems to remove metals from the ash residue. As part of the county's award-winning integrated resource recovery system, there is a MRF (material recovery facility, aka recycling center), a C&D (construction and demolition) recycling operation and a county run maintenance facility all powered by clean renewable energy produced at the facility."

Here are some facts regarding Lee County's Integrated Waste System:

- We average over one ton per person per year of trash – MSW (municipal solid waste), horticulture (fuel and compost), and C&D (construction and demolition).
- Rated #1 in recycling in the state of Florida; in 2014, Lee County was 70 percent (best of 67 counties), and is targeting 75 percent for the state by 2020.
- Hazardous Collection – County operates full time collection center for old batteries, paint, pool chemicals, pesticides, oil and old gas.

Covanta Lee processes nine-plus million tons of MSW (municipal solid waste) while generating clean renewable energy, powering 30,000 homes continually, and recovering metal. This company's processing is recognized as a sustainable/environmentally friendly waste disposal solution, while reducing greenhouse gas emissions to combat global warming by a factor of 23 times versus landfills. This is a sustainable process and benefits all of us in so many ways.

Countries all over the world are focus-

ing on how to manage the trash that is produced by individuals and businesses with using a lessening directive of reduce, reuse, recycle, recover and dispose. After reduction and reuse, an integrated system that maximizes recycling and energy from waste provides the maximum sustainable benefits.

Energy from waste is the most responsible alternative to landfill disposal. It reduces the volume of waste to be disposed by 90 percent and generates valuable renewable energy, resulting in a net reduction of greenhouse gas emissions when compared to conventional landfill practices. With over 50 facilities around the world, Covanta is a leader in sustainable waste and energy solutions.

As residents of Lee County, we should be aware of this facility and the forethought of our Lee County officials to engage in a partnership with Covanta to reduce the physical space needed to store our trash and process this trash in an environmentally careful and sustainable manner, creating an energy supply that can service homes and businesses.

On Friday, May 13, the club will be hosting the Rotary District #6960 Conference breakfast at the Sanibel Harbour Resort & Spa in Fort Myers.

*The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.**

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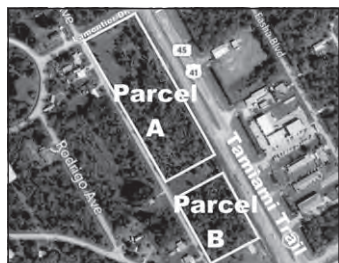
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City Stages New Business Reception



Curt Will, left, chatting with Harris and Dr. Ellen Kenner

photos by Jeff Lysiak

by Jeff Lysiak

On May 4, more than 30 people attended the City of Sanibel's first-ever new business reception, which included casual mingling with refreshments, an overview of the island from various city department heads, informal introductions of new and established businesses and a question-and-answer session.

"Sanibel is a great town to live in and a great town to do business in," said City Manager Judie Zimomra, who hosted the 70-minute seminar. Each attendee was given a Center 4 Life tote bag filled with information related to living and working on Sanibel, identical to what new residents receive.

Zimomra also introduced the attending members of the city council – Vice Mayor Mick Denham and councilmen Jim Jennings, Marty Harry and Chauncey Goss – offering each an opportunity to speak. Denham chatted about how the council operates and the importance of public input.

"The health and safety of our citizens is the top priority, but we also want to make the city a nice place to live and visit," said Denham, who also explained the primary goals of the council – water quality, financial viability and redevelopment – along with



Stacey Stevens, owner of Cartwheel Rentals on Captiva, and Vice Mayor Mick Denham

details of the proposed Civic & Cultural Core project.

Both Harry and Goss backed Zimomra's opening statement.

"It's a special place," said Harry. "Since Judie's been on board (2001), we've had this mantra here: total customer service. And those of you in business know what that really means."

"This is a great community, so please get involved," added Goss.

Jennings, the senior member of the city council, talked about how seriously the city takes feedback from its citizens and business owners.

"This council is very proactive in finding solutions to any problem," he explained. "Everybody on the council does their homework ... I really think Sanibel is great."

Each of the city's department leaders spoke briefly, including Chief Bill Tomlinson and Lt. William Dalton (emergency operations) of the Sanibel Police Department, Jim Jordan (planning), Steve Chaipel (finance), Keith Williams (public works), Andrea Miller (recreation), Harold Law (building) and Holly Milbrandt (natural resources).

Later, each business representative attending the reception was invited to introduce themselves and speak about their business. A question-and-answer session followed.*



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From page 1

Tarpon Tournament

purse. Only one other team caught a tarpon so only two prizes were awarded. In second place was the team Teaser.

The weather was windy, making conditions difficult for the field of 50 boats and the contestants from all parts of the U.S. and some from abroad.

Mitchell is a former Sanibel resident who lives in St. James City. His teammates Gary Bitgen, Mary Laser and Wade Roberts all live on Sanibel.

The so-called “catch, release and care tournament” benefits the “Ding” Darling Wildlife Society to support conservation efforts at the JN “Ding” Darling National Wildlife Refuge.*



Competitors in the 5th annual “Ding” Darling & Doc Ford’s Tarpon Tournament, along with other friends of “Ding” Darling, gathered at Doc Ford’s Rum Bar & Grille on Fort Myers Beach Friday evening, May 6, for the Captain’s Dinner. The event preceded a day of fishing on Saturday. Fifty teams – nearly 240 anglers – gathered for drinks, food and a silent auction as they received their tournament guidelines.

photos courtesy of “Ding” Darling Wildlife Society



Team Teaser came in second place by reel- ing in the second tarpon catch of the day



Melissa Congress of Congress Jewelers presents Gary Biltgen of Sanibel with a silver bass pendant with sapphire eyes as winner in the Senior Angler category



Volunteers worked tirelessly to make the tournament a success. Front, from left, Leigh Gay, Gary Ogden and Barb Rogers. Back, from left, Anna Grubb, Carrie Alexander, Alison Conger, Birgie Miller, John McCabe, Sarah Lathrop and Toni Westland.

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Team Shock & Awe at the Captain's Dinner: Cliff Young, Jim Patchett, David Gresham and Steve Gresham with Phyllis Gresham. The Gresham Family was a tournament sponsor.



Francesca Donlan, third from right, with the Lee County Visitor & Convention Bureau, hosted two UK journalist teams this year – Team Fish & Chips and Team Sea Angler



Team Whitney's Bait & Tackle members Nathan Wider, Whitney Jones and Jarrett Jones



Volunteers Toni Westland and MaryBeth Greenplate with sponsor Chris Davison from Island Inn at the Captain's Dinner



Team Raiser's Edge from Sanibel: Bruce Gurall, Jay Brown and Dave Raisbeck. Not pictured: Nelson Diaz, Jimmy Stevens and Tracy Walters.



DDWS Executive Director Birgie Miller, center, with Kim and Ron Taverna of The Bait Box, a tournament sponsor



Team Tarpon "Play" Explorers members gear up for the next day's tournament: Steve Yetko and Adam Sauerland



DDWS Executive Director Birgie Miller and Cindy Brown, sponsor and captain of Team Fishin' Diva

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From left, Pete Bender, Ed Riddlehoover, Nancy Bender, Dave Horton and John Pryor

Hortoons Creator Lends Humor, Talent To 10K Race 4 FISH Logo

Dave Horton, creator of Hortoons, revealed the 8th annual 10K Race 4 FISH logo which depicts an upright alligator running for the finish line on a Sanibel-sunny day.

Horton has created the previous six race logos, all bearing the loveable characters from his cartoons and marked with his wit. “There is just something funny and terrifying about a running alligator,” said Horton, who thought a forward running alligator design would be nice for the front of race T-shirts. “I’ve read that alligators can run up to 25 mph for short distances, but you can avoid them by using the zig-zagging serpentine pattern. I’m pretty sure if I were in that horrible situation I would most likely panic and throw the serpentine pattern out the window.”

Horton has been cartooning since he was a child growing up in Illinois. His father, who worked for the government, would bring home scores of unwanted paper – from letterheads to newsletters. Horton would draw on them, “as much as I wanted to,” he said.

After being awarded Best College Comic Strip from his alma mater Illinois State University, Horton went on to be an artist and writer for Hallmark Cards. As a member of the National Cartoonists Society, Horton has had the pleasure of meeting some of the most respected names in cartooning such as Peanuts creator Charles Schultz.

“I was playing golf with Charles Schultz and two others,” Horton recalled. “There was a foursome of cartoonists ahead of us. I hit a long drive that barely missed Mort Walker. I could see the papers now, ‘Cartoonist kills creator of Beetle Bailey.’”

Horton said it would have been fun to meet the late Walt Disney, who is regarded as an international icon in animation.

Horton’s Hortoons has become a popular comic in which he gives wildlife human characteristics in humorous settings. When he first moved to Florida, Horton was developing a cartoon called Petshop. He tried to sell it to the papers, but they suggested he try a Florida-themed cartoon.

“I’m obsessed with alligators, raccoons, turtles and birds and other wildlife,” Horton said. “Giving them human characteristics sometimes makes funny conflicts with people.”

While most cartoonists use computerized drawing pads to create their work, Horton uses the old-fashioned technique of brush and ink. His cartoons can be found in the *Island Sun* as well as online at hortoon.com, where a complete collection of prints, books and T-shirts is available for purchase.

The Hortoon 10K Race 4 FISH logo will appear on the front of T-shirts worn by runners, race posters as well as make an appearance in each announcement published for qualifying race sponsors.

“We enjoy the logos Dave creates,” said race committee co-chair Nancy Bender. “His artistic talent and sense of humor are undeniable. We are grateful for his contribution.”

The 10K Race 4 FISH will be held on Saturday, October 15, with the start and finish line at Sanibel Community Park, 2231 Periwinkle Way. The race is the main fundraising event for the non-profit FISH of SanCap, which provides human services programs to those in need who live, work or visit the islands.

“It is through the tremendous support from businesses and individuals like Dave Horton that allows FISH to fulfill its mission of neighbors helping neighbors,” Bender added.

There are a variety of race sponsorship slots available – Gold, Silver, Bronze or Friend. For Gold to Bronze sponsorships, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed race materials. Friend sponsors will be included on all banners and race materials.

Anyone who is interested in becoming a race sponsor should contact Nancy and Pete Bender at benderlaw@juno.com or 472-5220. The deadline is September 15. For more information, visit www.fishofsanibel.com.✴





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Will Power

Spendthrift Or Risk Tolerance?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A client, "Alec" discussed imposing a third party trustee on his son "Terrance's" inheritance, while leaving his daughter in charge of her inheritance without imposing a gatekeeper of any kind. Alec worried that the substantial sum he was going to leave his son would be squandered without proper supervision.

"Tell me about Terrance," I asked. "Why do you feel it necessary to have an independent trustee watch over his investment and distribution decisions?"

Alec sighed, frowned slightly, then began. "He takes a lot of risks. Extends credit, and it makes me nervous that he'll leverage whatever he receives from my estate when I die."

"Why does it make you nervous?"

"I never bought anything other than my house that I couldn't pay cash for," Alec said. "Cars. Vacations. You name it. I didn't buy it unless I had money in the bank first."

"And Terrance?" I asked. "He extends himself often?"

"Yes. He owns four different businesses and went deep in debt to finance the acquisition and expansion of each."

"Has Terrance found success?"

"Oh, for sure!" Alec responded. "His restaurants got Silver Spoon ratings and are always booked solid, his other businesses have done equally well."

"So it's not so much that he is irresponsible with money then, is it?" I challenged.

"To me, it just looks like Terrance has a much higher risk tolerance than you do."

"Yes, I suppose that's true," Alec said. "I'm just worried that one day he won't be so lucky and it crashes down on him."

"Are you sure that you want to impose a gatekeeper on Terrance's inheritance while his sister won't have any obstacles to using her inheritance from you as she sees fit? Won't that cause Terrance to wonder how you felt about him? Is that the last words you want to leave to him?"

These questions seemed to hit home. "I guess that's not such a good idea," Alec pondered. "But it still worries me that he could lose any inheritance I leave him to creditors or business disputes with his partners."

"We can protect what you leave him by creating a testamentary trust inside of your estate plan. He could name a co-trustee if a problem arises who can act as an indepen-

dent trustee, but that would only occur if Terrance becomes subject to a lawsuit or other money problem."

"That sounds like a good idea, but will he understand it?"

"Yes, we could certainly explain how it works. He's in total control unless an issue arises, at which point he would want the protections." I said.

Alec seemed somewhat relieved. "I didn't know that was even possible inside of an estate plan. But Terrance and I have never even discussed my net worth or how I plan to leave anything to him."

"Do you think if he knew what you had that he'd have expectations of lifetime gifts or other handouts?" I asked.

"Probably not," Alec said.

"Well, it might be time to have a serious discussion with Terrance," I suggested.

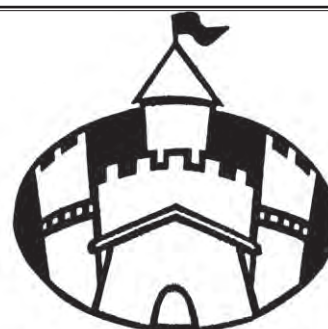
"He's a successful man who seems to understand business. He's certainly had lawyers help him with bank loans and negotiating leases. Why not give him the benefit of the doubt and have an adult conversation with him about your worries and expectations?"

Alec's situation is an illustration of many different real life stories I've heard over the years. Using credit is much different today than it was a generation ago. It still carries great risk, and there are ways to protect your adult children from losing the inheritance you might leave them should a business decision go bad.

Nevertheless, when your adult children act responsibly, it makes sense to discuss your concerns with them. If you create an estate plan that helps protect them, my suggestion is to discuss what you did and why you decided to include certain provisions.

Communication is key. Hopefully if you open up, then your adult children will also open up about their own concerns. That conversation might even lead to even better ideas to consider. These are not easy discussions but the families that are so willing to engage usually have successful outcomes because the expectations are clear.

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John Daly Arrives On The Champions Tour, Let The Fun Begin



by Ed Frank

They lined up seven deep last week to follow “the bad boy of golf” as he made his Champions Tour debut in the Insperity Invitational in Woodlands, Texas.

Flamboyant, unpredictable and trouble-prone, John Daly, bedecked in his accustomed wild garb, brought huge crowds to the event as he competed for the first time in the age 50-and-older PGA tour after turning 50 the week before.

Adding to the glamor of his tour debut was his caddy and soon-to-be fifth wife, Anna Cladakis, a promotional director for the Hooters restaurant chain. By the way, she is being sued by Daly’s fourth wife, Sherrie Miller, for wrecking their marriage.

Although he didn’t win the tournament, Daly finished in a tie for 17th place and pocketed \$27,900, not a bad performance for a golfer who had played in only two events this year – the Qatar Masters and the Puerto Rico Open. His total of two-under-par for the three rounds was a respectable showing.

There are many, including Naples resident Fuzzy Zoeller, who thought Daly would never make it to 50 with a lifestyle of drinking, gambling, four divorces and two trips to alcohol rehab. In fact, Zoeller bet him \$150,000 he would never live to the half-century mark.

Daly said he wouldn’t make Zoeller pay up, but would settle instead for a big bottle of Zoeller’s signature vodka. Daly sells John Daly Handcrafted Vodka Cocktails in three flavors.

While you may shake your head in wonder about his antics and lifestyle, the golfing world never questioned his raw, self-taught talent.

It’s been half a century since Daly blazed on the scene winning the first of his two Major tournaments, the 1991 PGA. He was a last-minute alternate, driving all night from Arkansas to Indianapolis. Having never played or even seen the tough Crooked Stick Golf Course, he astounded the field and the millions that watched on television with a three-stroke victory.

With a physique resembling a sumo wrestler and booming drives well beyond 300 yards, Daly became an icon on the professional tour. He followed up with a second Major victory in 1995, the British Open.

But soon the demons crushed his ability, and his last PGA win was 12 years ago.

Despite his travails and colorful personality, he has remained a captivating sports figure for decades. And his entrance on the Champions Tour is certain to draw thousands to future tournaments just as it did last weekend.

Daly has said he plans to compete regularly.

In one press account of last weekend’s tournament, a longtime Daly fan was quoted: “Everybody loves him – it’s the good and the bad. They say you can’t smoke, you can’t drink, you can’t gamble... He’s like ‘That’s what I do.’”

It’s doubtful, however, that his four previous wives share that love.

Miracle Win Five Of Seven For First Place In Division

Following Monday night’s 10-6 victory over Bradenton, the Fort Myers Miracle had won five of their last seven games and stood atop the Florida State League South Division.

After tonight’s (Thursday) game against Bradenton, the Miracle will be on the road until next Friday when they begin a seven-game home stand at Hammond Stadium.

The current Miracle roster includes three first-round draft selections of the Minnesota Twins – shortstop Nick Gordon and pitchers Kohl Stewart and Tyler Jay.

Though Monday, Gordon leads the team with a .309 batting average. Stewart had posted a 2-0 record with a 1.91 ERA and Jay was 2-2 with an ERA of 3.86.✱

From page 1

Groundbreaking

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- Revamping the parking lot to add space and fit with new landscaping.

Built in 1927, more than 50 island organizations and over 50,000 people currently use The Community House for yearly activities. Some of the more

popular activities held at the structure are the annual Sanibel Shell Festival, arts and craft fairs, pancake breakfasts and spaghetti dinners, a holiday miniature golf tournament as well as fundraisers for nearly all local service organizations. In addition, the historic building has hosted weddings, celebrations of life, dances and movie screenings.

Benchmark Construction is the general contractor for the project and architect Amy Nowacki completed the renovation designs.

“This project has been a long time coming. Hopefully, everything will get done on time and we’ll be open in time for the next season,” added Kelly. “There are a lot of people looking forward to using The Community House again.”✱

Foundation, FISH Partner To Help Local Neighbors

FISH of SanCap has collaborated over the years with the Charitable Foundation of the Islands (CFI) to help neighbors with an array of pro-

grams, services and workshops. CFI provided a one-year grant, which ran from May 2015 through April 2016 to FISH, which was used in the Helping Hands program.

“CFI is a dedicated partner that helps us provide assistance beyond what the resources of FISH can provide alone. Our partnership is a vital link between FISH and those we serve,” said Maggi Feiner, president and CEO. “FISH is very grateful

to have received this grant, as it is used to bridge the gap for many families on the islands.”

FISH’s partnership with CFI made a difference in Eleanor’s life. Eleanor worked in a Sanibel retail store to supplement her social security income, but lost her job when business slowed down. She needed help to obtain food as well as emergency financial assistance to help pay her rent. Through

the CFI grant, FISH was able to help with rent payment and assist Eleanor in finding additional employment. With steady employment, Eleanor learned how to analyze her monthly bills and build a budget by attending the FISH Budgeting 101 workshop.

“Without this help, I would have fallen so far behind I fear I would never have been able to catch up. I’m sure I would have lost my apartment,” said Eleanor. “Now that I have been working steadily and managing my income, I’m sure I will remain independent in my home.”

“Our partnership with CFI provides such necessary support to so many,” added Feiner. “During the 2015-16 grant cycle, FISH was able to assist 36 individuals through the CFI grant. We cannot thank CFI enough for their support.”

For additional information, visit fishofsancap.org.✱

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Top Agents



Jim Branyon



Marianne Stewart



Kara 'KC' Cuscaden



Pat Moore

Top Associates

Premier Sotheby's International Realty top producers for April are: Kara "KC" Cuscaden, top producer associate; and Pat Moore, top listing associate.✱

Top Producers



Tracy and Connie Walters



Harrell, Tolp & Albright Team

John Naumann & Associates announced its top associates for the month of April. The top listing agent was Jim Branyon and the top team was Tracy and Connie Walters.

The top sales agent was Marianne Stewart and the top team was Harrell, Tolp & Albright.✱

Star Agents



Ann Gee



John Gee Jr.

Ann Gee, broker associate, and John Gee Jr., broker, were recognized as 5 Star Agents by *Gulf Shore Magazine* in the May 2016 issue.✱

The top producers at John R. Wood Island Real Estate for April were: Elise and Tom Starr, top listing agents; Teresa Baker, top pending sales; and Phaidra McDermott, top closed sales.✱



Teresa Baker



Phaidra McDermott

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Realtor Brokers Highest Recorded Sale For Single-Family Sanibel Home



The single-family home on West Gulf Drive



Pool with tanning deck overlooking the gulf

Cindy Sitton, broker associate with Royal Shell Real Estate, represented the buyers of a record-breaking single-family home transaction on Sanibel in April. The \$6,837,500 sale of a 1.34-acre estate, located at 3421 West Gulf Drive, represents the largest recorded price of a residential property on Sanibel Island. The gulf-front home, with guest house, was built in 2007 and has 5,534 square feet of living area, six bedrooms and 5.5 baths.

Sitton started her career in real estate in 2000 and joined the Royal Shell Real Estate team in 2014. She has consistently held the monthly top-producer award for an individual agent for the company's Sanibel and Captiva offices.✱



Cindy Sitton

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Craig R. Hersch
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High School Baseball State Championships Under Way



Pitcher from the Bishop Verot Vikings
photos courtesy of
Seeking Smiles Photography



Canterbury infielder makes a throw



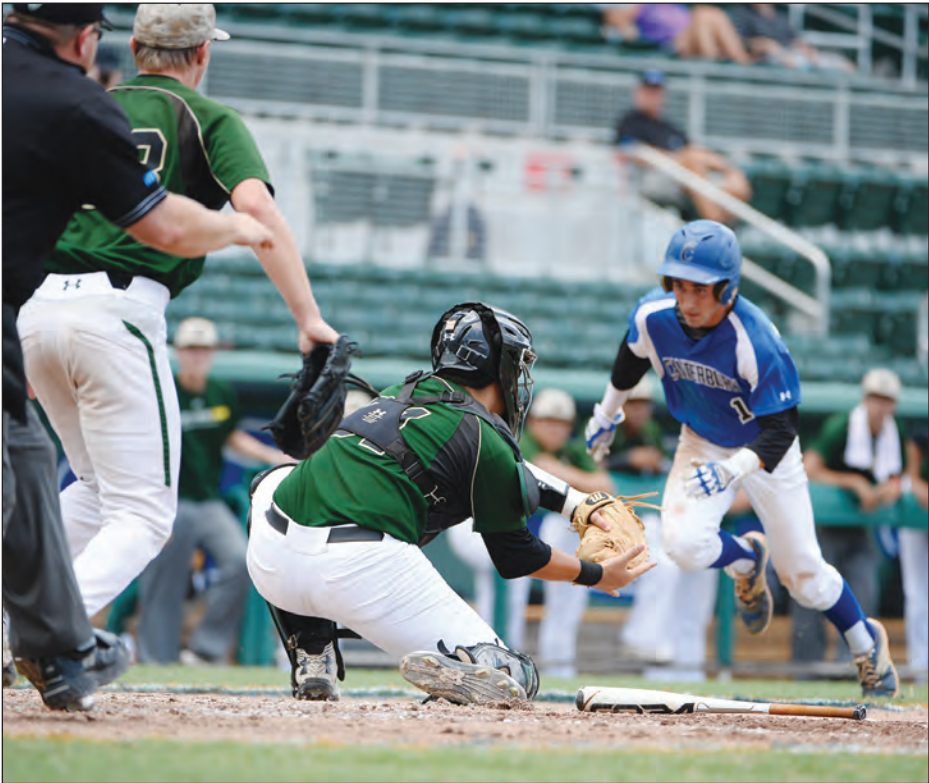
A Bishop Verot slugger makes contact with a pitch

The 2016 Florida High School Athletic Association (FHSAA) Baseball State Championships will return to JetBlue Park from May 11 to 14 and May 18 to 21 for the fourth consecutive year. The 27-game series is expected to draw fans from around the state as 36 teams face-off, competing in the semifinal and championship games. Lee County and JetBlue Park have hosted the FHSAA Baseball State Championships since 2013. Last year, local schools Bishop Verot High School and Canterbury School competed in the semifinals. Bishop Verot went on to play in the 4A championship game.

The event is being coordinated by Lee County Sports Development and Lee County Parks & Recreation, with support from The School District of Lee County. Last year's event generated a direct economic impact of more than \$706,000 for Lee County and more than 2,200 hotel rooms filled.

"The FHSAA Baseball State Championships will bring many talented student athletes to JetBlue Park this year, and we are looking forward to offering a great level of play for Lee County to enjoy," said Jeff Mielke, executive director, Lee County Sports Development. "The championship series will showcase the top high school teams in this sport, and will generate statewide attention for Lee County, emphasizing our dedication to presenting high-quality sports competitions and drawing visitors to our community."

"We are excited to return to Fort Myers and work with Lee County to create a true championship experience for all student-athletes, coaches and fans that attend. This is a tremendous opportunity to feature some of the top teams and athletes in the country at a venue that serves as the spring training home for a Major League Baseball franchise," said Dr. Roger Dearing, executive director of FHSAA.



Play at the plate

Admission is \$9 per day, and parking is \$10 for cars and \$50 for fan buses. For more information and the full game schedule, visit www.FHSAA.org/sports/baseball. JetBlue Park is at 11581 Daniels Parkway in Fort Myers.✪



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School Smart



by Shelley M. Gregg, NCSLP

Dear Shelley,
My 10-year-old daughter has dyslexia. She has an IEP and is doing well in school with support.

She is not eligible for extended school year services this summer, which is actually OK since we will be visiting family in another state. What can you recommend for us to do this summer so we can keep up her reading comprehension skills?

Jasmine K., Fort Myers, Florida

Jasmine,

I'm glad to hear that your daughter is doing well at school and I applaud you for planning ahead for summer activities. When children have special needs, it does require extra planning for summer and holiday periods so children maintain their skills.

Of course, the number one way for kids to maintain and improve their literacy is by reading. At 10 years old, your daughter will still enjoy time spent with you reading aloud. Another great way for kids to keep up their academic skills is through technology. There are so many educational apps now that help kids not only maintain their skills, but help to increase them.

As you know, reading comprehension is a combination of many discrete skills including decoding, word and sentence fluency, vocabulary, recall, critical thinking skills and reading speed. Some apps are designed to work with these skills separately and others present a more combined whole language approach.

Here is a brief review of several apps that are highly recommended by curriculum and tech experts in the field:

- **Reading Comprehension Prep** is made for ages 9 to 11. It contains specifically appropriate content chosen at the fourth grade level. It has a range of different stories to test comprehension with a variety of questions about the selected passages. This collection of original stories was written specifically for this app with each passage and question set taking approximately five to eight minutes to complete. It is a mix of fiction and non-fiction selections. It is aligned with CCSS (Common Core State Standards) for fourth grade. It costs \$2.99 and also has different grade level versions.

- **Comprehension APP – Aesop's Quest** for K to 6, free.

Aesop's Quest, based on Aesop's *Fables*, is a learning game where the student must remember elements of a story to complete a level. At the end of each story segment/level, the student is rewarded with puzzle pieces. After solving the puzzle, the story is complete and the child can continue to the next story. Developed in association with the Virginia Department of Education.

- **StoryBuilder** is a language-arts app for kids who need to improve their sentence formation, storytelling and speaking. It prompts kids to record answers to questions about a picture, then knits their answers together into a story. The app uses both auditory and visual prompts, and has three levels of play. There are additional settings to adjust whether and how long the words of the question or answer prompts appear on the screen. Kids can also record their own story without the prompts. Stories can be saved and also shared on email. Multiple users can create profiles and save stories, but only one can be logged in at a time. Since there is no feedback provided to kids within the app itself, this is best used together with parents and to track progress. It costs \$3.99 and is for grades 1 to 4.

Using any or all of these apps regularly across the summer months should help your daughter maintain her skills and help build her confidence with reading.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

Passport Week Extended Hours

The Lee County Clerk of Court is offering extended hours for those seeking passports during a special Passport Week, that runs from Monday, May 16 to Saturday, May 21. No appointment is needed.

During Passport Week, Lee County Clerk of Court's Recording Office hours offer extended hours each weekday and four hours on Saturday: The office will be open Monday through Friday from 7:30 a.m. to 6 p.m. and on Saturday from 10 a.m. to 2 p.m.

Residents can always apply for passports during regular office hours: Monday through Friday, 8 a.m. to 5 p.m. (must arrive to the office no later than 4:30 p.m.).

The Clerk's office acts as an acceptance agent for the state department. It is the responsibility of the office to review the passport application, collect the correct fees and make sure that all required documentation is included prior to sending it to the state department.

Before arriving at the office, everyone is encouraged to review passport information, fees, required documents and information at www.leeclerk.org or call 533-5007.

Lee County Clerk of Court's Recording Office is located within Fort Myers Administration Office at 2115 Second Street on the second floor.✧

Sign Up For Rec Center Summer Day Camp

The Sanibel Recreation Department's Summer Day Camp is a traditional seven week day camp which will run from Monday, June 20 through Friday, August 5. The camp is offered to children entering grades first through eighth and will operate Monday through Friday from 8 a.m. to 5 p.m.

Campers will participate in activities such as swimming, arts and crafts and athletics as well as a variety of games. Special guests along with an enhanced field trip itinerary will also be a part of the action. As part of the registration fee, breakfast and lunch will be provided daily as well as an all-inclusive weekly field trip itinerary. Campers should bring swimsuit, towel and sunscreen daily.

Costs per camper is listed below. Register in advance and receive the "Early Bird" rate:

Week 1: June 20 to 24 – Member: \$107 or Non-Member: \$139 (registration by June 13); Member: \$127 or Non-Member: \$167 (registration on or after June 14)

Week 2: June 27 to July

1 – Member: \$107 or Non-Member: \$139 (registration by June 20); Member: \$127 or Non-Member: \$167 (registration on or after June 21)

Week 3: July 5 to 8 – Member: \$107 or Non-Member \$139 (registration by June 27); Member: \$127 or Non-Member: \$167 (registration on or after June 28)

Week 4: July 11 to 15 – Member: \$107 or Non-Member \$139 (registration by July 5); Member: \$127 or Non-Member: \$167 (registration on or after July 6)

Week 5: July 18 to 22 – Member: \$107 or Non-Member \$139 (registration by July 11); Member: \$127 or Non-Member: \$167 (registration on or after July 12)

Week 6: July 25 to 29 – Member: \$107 or Non-Member \$139 (registration by July 18); Member: \$127 or Non-Member: \$167 (registration on or after July 19)

Week 7: August 1 to 5 – Member: \$107 or Non-Member \$139 (registration by July 25); Member: \$127 or Non-Member: \$167 (registration on or after July 26)

Financial assistance is also available to qualifying families. For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com. ✧



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Superior Interiors

Neutrals Are In Style, Not Boring



by Marcia Feeney

Neutrals (white, greys, beige, browns, etc.) continue to be a mainstay in today's home furnishings. As celebrity decorator Candace Olson put it: "Beige doesn't have to be boring.

White is classic and timeless. You can layer textures, add high contrast to quiet neutrals and create spacious, airy, calm and restful spaces—all by using neutrals as your starting point."

Another celebrity decorator, Barclay Butera, touting his new book *Elegant Simplicity*, by extolling the benefits of neutrals, noted that they can create a simple but elegant style for a room.

If you're aiming for a complete room makeover, neutrals make a great foundation. You lay down a base with a large piece of furniture and then you can build seasonal or trend colors around and on top of that.

Invest in a high quality grey sofa and chair, for example, and then you can cost-effectively add contrast and interest with pillows and an accent chair that can be changed out when you want a new look. You'll get great return from your investment in the longer-lasting sofa and chair.

Neutrals are safe to traditionalists and for those who are not risk takers. They make it easy to experiment with color on smaller furnishings, lamps, wall art and other pieces that easily can be changed out.

Krissa Rossbund, style editor of *Traditional Home* has noticed "a lot of Navy going with neutrals" in showrooms. "It's a nice base color that shows off red well, along with orange, green and, of course, pink."

She also noted that today there is more of a desire to have custom pieces. "We don't want to have guests say, 'Oh, I have that same bowl.'" Investing in a good quality neutral base can leave you the freedom to really express yourself with your other furnishings.

And, those neutral pieces can be customized to fit your personality, physical characteristics and taste. You can choose your legs, your arm style, your seat depth, the back height, the firmness of the cushions, trim and other features.

The use of neutrals also fits well into the desire of some to bring nature indoors. Much of Mother Nature's colors are neutrals or complement neutrals.

So when you are investing in that one or two pieces that you want to last and endure, and you are not sure about taking a risk on a color that you may not want for as long as you want that piece to last, think neutral. And use it to show of your own style with how you finish off the room.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecnden.com.

From page 8

'50 Percent Rule'

During discussions on the permit, several commission members questioned why the business has been allowed to operate for more than two and a half years without first acquiring a business tax receipt. Dr. Marks called the fines levied by the city's code enforcement department a "slap on the wrist."

Paul Chren, owner of FantaSea, told the commission that there was "no conscious effort to duck the process," and that he had initially misunderstood Sanibel's definition for formula retail businesses.

"It all comes down to the applicant not understanding that they are (considered) formula retail," said Heidrick. "This is not the kind of business that our formula retail restriction is trying to control."

Following additional discussion, Kettelman made a motion to approve the application, which was passed by a 3 to 2 vote, with Marks and commissioner Tom Krekel dissenting and commissioner Jason Maughan abstaining.

Also, commissioners approved a variance request for a replacement boat dock and new boat lift to be constructed at 1759 Jewel Box Drive. The proposed boat lift will extend approximately nine

feet waterward of the 20 percent of the width of the waterway (extension limit). The lift will not obstruct navigation or project within the boat canal to any greater extent than if a boat vessel is moored adjacent to the existing boat dock.

"The existing boat dock conforms to current LDC standards for accessory marine structures. The applicant proposes to replace the existing dock with a 16.6-square-foot extension (317 square feet total) and install a boat lift adjacent to the dock," the staff report reads in part. "However because of the significant volume of existing mangroves along the shoreline of the subject property, the installation of a boat lift anywhere except along the waterward side of the dock would have a deleterious impact to the mangroves. Any redesign or relocation of the existing dock to accommodate a boat lift otherwise would create a significant impact to the mangrove."

Holly Milbrandt of the city's natural resources department confirmed the proposed extension was the "best available option" and would not negatively impact the mangroves adjacent to the dock.

Krekel made a motion to approve the variance, which was seconded by Talmage and approved unanimously.

From pag 24

Musical

Joey Giangreco is director of the show. Lauren Robinson is assistant director. Giangreco said, "The students have been working hard to prepare for their upcoming production of Disney's *Beauty and the Beast Jr.* They have participated in class rehearsals three days a week, after school rehearsals

and rehearsals on Saturday mornings to prepare for this production. It is inspiring to see the growth that the students have made throughout the rehearsal process for this production, and I am very proud of them. I am excited for what is sure to be a fun and memorable performance."

Tickets are \$8 for adults and \$5 for students. Call 472-1617.

The Sanibel School is at 3840 Sanibel-Captiva Road.

American Legion Post 123

On Sunday, May 15, American Legion Post 123 will host a fish fry from 1 to 8 p.m. The following Sunday, May 22, Post 123 will serve barbecued ribs and chicken all day.

The 7th annual Redneck O'Limp'ics will take place at the legion on Sunday, May 29. The opening ceremony begins at noon.

Monday nights feature 9-ball and 3-ball tournaments at 5 p.m. Players are welcome.

Every Tuesday, tacos are served all day and, on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

Flag Day is June 14 and if you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

SPORTS QUIZ

- 1. When was the only time before 2015 that the Houston Astros started a season with a franchise record of 31-19 after 50 games?
- 2. Two different Oakland Athletics players each led the A.L. in stolen bases twice during the 1970s. Name them.
- 3. Who has had the longest tenure as the football coach at the University of Iowa?
- 4. Golden State's Stephen Curry, in 2015, became the fastest NBA player to 1,000 career 3-pointers made (369 games). Who had been the fastest?
- 5. In 2015, Chicago's Patrick Kane set an NHL record for most consecutive games with a goal or assist by a U.S.-born player (26 games). Who had held the mark?
- 6. Toronto's Sebastian Giovinco set a Major League Soccer record in 2015 for most combined goals and assists in a season (37). Who had held the mark?
- 7. Who did Floyd Mayweather Jr. face in the first and last fights of his undefeated 49-bout boxing career?

ANSWERS

1. It was 1998. 2. Bert Campaneris (1970, '72) and Bill North ('74, '76). 3. Hayden Fry coached the Hawkeyes for 20 seasons (1979-98). 4. Dennis Scott needed 457 games to do it. 5. Toronto's Eddie Olczyk (1989-90) and Boston's Phil Kessel (2008-09), with 18 games each. 6. Chris Wondolowski had 27 goals and seven assists for a combined 34 for San Jose in 2012. 7. Roberto Apodaca in his first bout, and Andre Berto in his last.

Thomas R. Louwers, M.S.T.

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RICK ZURBRIGGEN
Private Wealth Manager

dearRPharmacist

How To Calm Down Quickly



by Suzy Cohen, RPH

Dear Readers: It's natural to get stressed out, or go into a state of mild shock if you hear bad news. Maybe you get sweaty palms a lot, or slip into panic attacks frequently (and over much of nothing). If

you're prone to anxiety, today's article is intended to offer you help before you take prescriptions.

Millions of prescriptions are written annually for anxiolytic drugs like alprazolam (Xanax), clonazepam (Klonopin) and lorazepam (Ativan). These drugs are all in the category of benzodiazepines, and they have severe withdrawal symptoms. I bet some of you suffer on a daily basis because you don't want to get on a benzodiazepine. Now I'm going to offer you five ways to calm down quickly:

Breathe – You might think this is silly to list but it's number one on my list because when you are anxious, your

breathing becomes shallow. Be conscious about breathing and make sure you inhale longer than you exhale during times of stress. The inhalation is a gift to yourself, hold it a second or two, then exhale. Do it five times, preferably with your eyes closed since that instantly puts you into an alpha brain wave state.

Lavender – They make pure lavender roll-ons, and if you can't find that, just keep a tiny bottle of the essential oil nearby, or in your purse. Take a whiff and put some on your wrists and temples for immediate action. You can use this to sleep too. And you can find commercial preparations of lavender tea as well.

Rescue Remedy – Rescue Remedy is a combination of five flower extracts including Star of Bethlehem, which is known to help with trauma and shock. You can carry the tiny bottle in your purse and put drops in your mouth (or in your water bottle) all day long if you want.

California Poppy Extract – It's a great herbal anxiolytic, and sometimes also used for kids with Attention Deficit or bedwetting problems. You can buy it in dropper form at any health food store and online. One of the active compounds is Eschscholzia californica, and that's been shown to promote higher catecholamines in the brain, thus a happier mood over time. Some can make you sleepy.

and mental health care to achieve optimal health. Holistic practitioners can include: medical doctors, doctors of osteopathy, dentists, naturopaths, chiropractors, acupuncturists, counselors, massage therapists, nutritionists and more. Like allopathic medicine, it is good to do your research when searching for a holistic practitioner. Check their credentials and work experience. Feel free to interview several practitioners prior to making your decision who to see unless you already know of someone who comes highly recommended. It is also good to know the practitioner's philosophy so you can feel comfortable being treated by someone you are aligned with.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am considering some holistic or alternative therapies for my overall health. This is somewhat new to me so can you suggest some potential treatments for me?

A: Depending on what treatment modalities you feel attracted to for overall health and wellness, there are many to choose from. Holistic practitioners use a variety of treatments to help the patient take responsibility for their own health

Magnesium – This is a natural mineral abundant in leafy greens and edible seaweeds. Numerous studies show a correlation to low magnesium and depression and/or anxiety. It works pretty quickly, especially the magnesium "threonate" form which has been clinically shown to penetrate brain tissue quickly. A double-blind placebo-controlled study tested women with PMS-induced anxiety, mood swings and nervous tension. The researchers combined 200 mg of magnesium with 50mg vitamin B6 and gave it to the women for one month.

It helped some of the women, but not all.

I have a few other options, however, I am out of space here. Please sign up for my newsletter at my site (suzycohen.com) and I will email a longer version of this. Please make sure your physician approves of any supplements you want to try.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Parkinson's Screening Session

Lee Memorial Health System is holding a community resource and screening session for people who have been diagnosed with Parkinson's disease on Saturday, May 21 between 9 a.m. and 2 p.m. The session will be held at the Outpatient Rehabilitation at City Center, 3114 Cleveland Avenue, Fort Myers.

Call Mary Jo Haughey, speech and language pathologist, at 343-4962 to make your reservation. Appointment times are limited.

"The Parkinson's Clinic gives a person with Parkinson's and their loved ones the opportunity to discuss concerns related to changes in function," said Nathalie Grondin, PT, coordinator of the LMHS Parkinson's

Disease Rehabilitation Team.

All participants are screened by licensed therapists trained to detect physical deficits that may benefit from therapy intervention. Participants are also provided with a list of available resources including seminars, group exercise classes and support group meetings throughout Lee County.

Each participant can expect to visit with a physical therapist to address mobility concerns, an occupational therapist to address self-care activities and home management, as well as a speech language pathologist to discuss communication and swallowing concerns.

Resources related to education, support group, exercise group and identification of individualized therapy needs will be provided. A report of recommendations will be sent to a health care professional of choice.*

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Doctor and Dietician

The Benefits Of Vitamin D



by Ross Hauser, MD
and Marion Hauser, MS, RD

There is much talk in the news about Vitamin D and its beneficial effects, as many folks nowadays are Vitamin D deficient. Without sufficient Vitamin D, bones can become thin, brittle or misshapen. A deficiency has also been linked to high blood pressure, heart failure and cancer.

Vitamin D is made in the skin, goes to the blood stream, and then is transported to the liver and kidney to be activated, then reaches the intestines and bones. It promotes calcium absorption to help with normal bone mineralization and bone growth.

Vitamin D has been shown to help regulate insulin secretion by the pancreas and may improve insulin sensitivity. This vitamin prevents rickets in children. Together with calcium,

Vitamin D helps protect older adults from osteoporosis, those folks who may be at risk due to low intake and minimal sunlight exposure. Even active younger adults, who frequently wear sunscreen outdoors and get little sun exposure due to long work hours, may become deficient.

Vitamin D Tips

- Vitamin D is produced by your skin in response to natural sunlight, but remember, it cannot be absorbed through glass, so you must get outside.
- Most people do not get enough Vitamin D from their diets. Sunlight exposure is really the only way to get it. You would have to drink about 10 large glasses of fortified milk per day to get enough.
- Vitamin D is crucial for calcium absorption. Without it, you cannot absorb calcium – making your calcium supplements useless, unless they also contain Vitamin D.
- Continue to eat fresh foods, particularly vegetables loaded with nutrients.

As far as Vitamin D supplementation, we recommend that you consult with your natural medicine physician about appropriate dosing.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽

Eden Energy Medicine

Homolateral Organs With Cross-Over Patterns



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Often the topic of crossing one's energies has been addressed. But what many don't realize is that cross-over patterns exist at all layers of

the body, from the cells, to organs, to systems and the entire body. If energy is not crossing over an area to form an X, then attention is needed to regain balance and comfort.

Let's look at an example. Say your bladder organ has been bugging you, whether from an urge to urinate frequently, or an infection or just feeling off. It is likely the energy in and surrounding the organ itself is not moving in a cross-over pattern. If this is the case, the energy is moving in a homolateral pattern (meaning it is moving in parallel lines and not crossing over).

Begin to give energetic support to the bladder by doing the following:

1. Make 10 straight lines over the organ with both index fingers.
2. Make 10 Xs over the organ. Use an index finger to move diagonally left to right and then use the index finger to move diagonally right to left
3. Repeat steps 1 and 2 another two times.
4. Do the diagonal crossing 10 more times
5. Make figure 8s over the organ for about 30 seconds to a minute.

You can do this as often as it feels good. It works for any organ, whether the heart, liver, gallbladder, large intestine, kidney or the rest.

What exactly is this doing? As the organ finds its way to having its energies crossed, the balance and harmony begins to be restored so the flow to the organ itself is being doubled. This occurs because when in homolateral the energies are only moving in a parallel fashion and don't cross over each other. Figure 8s are cross-over patterns, just like our DNA. So as the energy begins to cross, it is forming a never-ending stream of movement that assists the body to heal and bring more space, motion and fresh prana to the area.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✽

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am a very active senior woman who is involved in a number of social groups at church and in the community.

One of my jobs involves phoning members to remind them of our meetings and other activities.

I have a problem that is very annoying and I want to share.

No matter what time of day I call, they are not available. Many do not have answering machines, so it requires extra calling. But the ones that are truly

annoying are the husbands who refuse to take messages or the ones who take the message and forget or won't pass it along.

Why are some husbands so mean and miserable or irresponsible? It makes my volunteer job very time-consuming, always having to return so many calls?

Dawn

Dear Dawn,

Most men are not accustomed to taking messages and they refuse to take messages in retirement, even for their wives. Others who are willing just seem to get the facts mixed up. Others don't hear, hate to use phones and other senior men may just have forgetfulness due to medicines they are taking, or maybe some have dementia. Living in the senior world is a little different, but younger people also forget to give messages, but they are forgiven because "they are just so busy."

Lizzie

Dear Dawn,

Annoying, yes... irresponsible, maybe... mean and miserable, not so sure.

From kids to grownups and from business to homes, many phone messages are not given to the appropriate person. It seems to me that it is an occupational or vocational hazard. Focus on the positive; at least you can enjoy a great group of friends and an active social life, unlike many.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✽



Mexican Snapper Sauté

- 1 onion, sliced medium thick
- 6 cloves garlic, pressed
- 1-2 teaspoons minced jalapeño pepper, seed removed or to taste
- 2 cups zucchini, diced in 1/2-inch cubes
- 1 pound snapper filet, cut into 1-inch pieces
- 3 fresh tomatoes, diced
- 3 tablespoons lemon or lime juice
- 2 tablespoons fresh cilantro, chopped
- 1 tablespoon fresh oregano, chopped
- 1 ripe and firm avocado, diced
- salt and pepper to taste

Sauté onion in a sauté pan over medium-high heat for a couple of minutes until caramelized. Add garlic, zucchini, and peppers and continue to sauté for another couple of minutes. Add snapper and sauté for another couple of minutes, stir constantly. Add the rest of the ingredients (except the avocado) and cook for another couple of minutes. Add avocado, salt and pepper to taste. Serve warm over rice.

Yield 2 to 4 servings.*



Mexican Snapper Sauté

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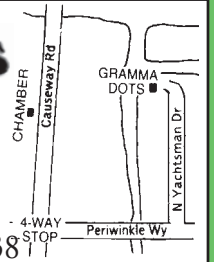


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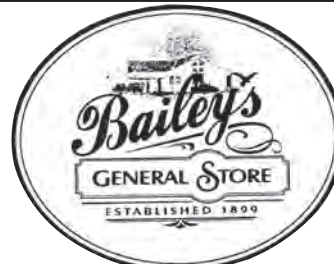
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On Call Captiva Deputy	477-1000
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Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org . 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK



Mindy

Mindy ID# 608918



Julie ID# 656968

Hello, my name is Mindy. I'm a 5-year-old spayed female black and tan shepherd mix. I'm an All-American Dog. That means I've got lots of different breed types in my doggie DNA. Mixed breeds are the best... we are unique, loyal companions and are always grateful when loving people give us the good life we deserve.

My adoption fee is \$40 (regularly \$75) during Animal Services' There's No Place Like Home! adoption promotion.

Hello, my name is Julie. I'm a 2-year-old spayed female brown tabby domestic short hair. I could be the perfect pet for you. I'm pretty, friendly and will purr like crazy when I sit with you. In fact, I'm a lap cat that would love to be your one and only.

My adoption fee is \$40 (regularly \$50) during Animal Services' There's No Place Like Home! adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱

PUZZLES

Answers on page 53

TAKEN AS A HOLD
Super Crossword

- ACROSS**

1 "Honor Thy Father" author
7 Lesley of "60 Minutes"
12 Nasty online argument
20 Heist halts
21 "Well, golly!"
22 Black, chewy candy
23 Put something on one of the planets?
25 One present at an event
26 Deposit at a river's mouth
27 Graceland's city acquired by a buyer?
29 Typeface option that's carrot-colored and heavy?
34 Pulley part
35 Christmas poem starter
36 Flood barrier
37 Cariou of "Applause"
39 Rookies
42 Hears about
46 "Big —" (nickname of baseball's David Ortiz)
- DOWN**

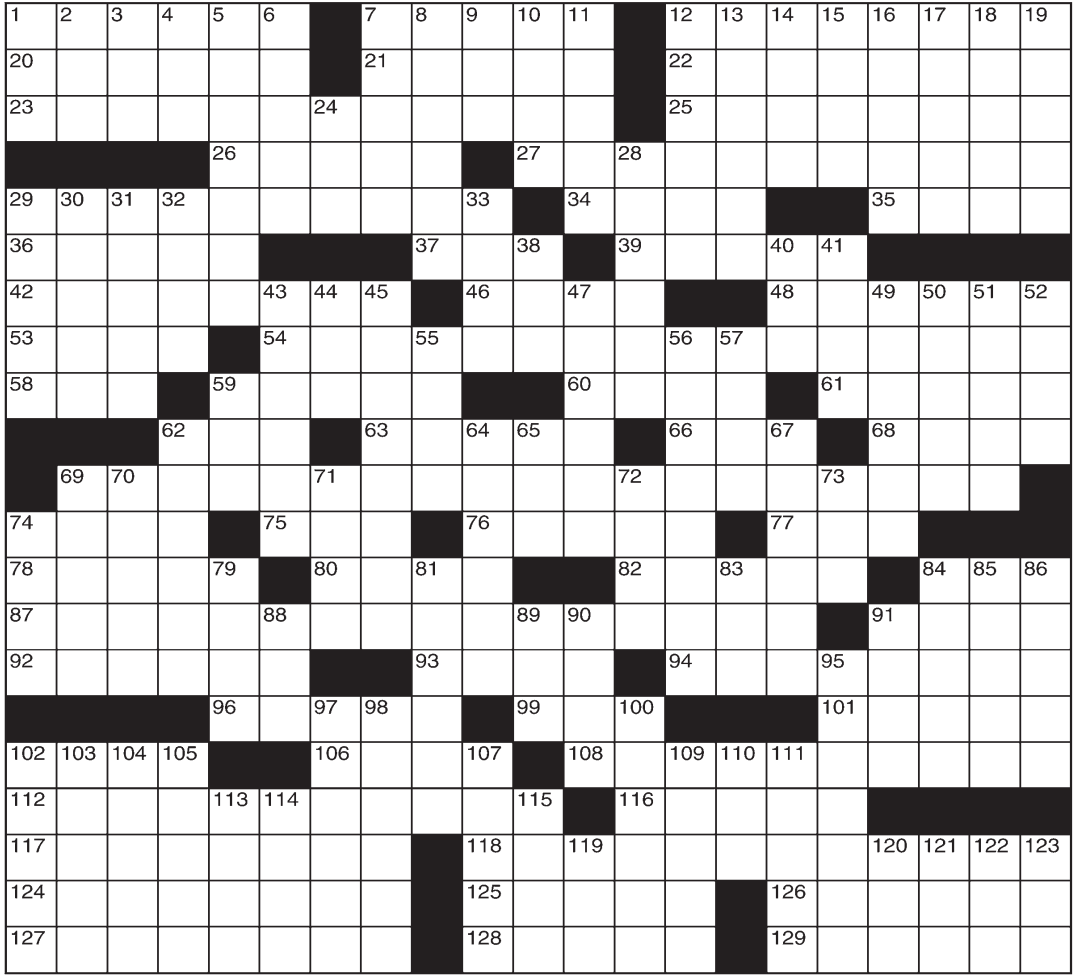
1 Price's place
2 Boxing great
3 Loo, for short
4 In advance of
5 Wee bit
6 Cosmetician
7 Took care of
8 Low tie score
9 Farmer's sci.
10 Ship steerer
11 Word before hosen
12 — Bird (notoriously hard game app)
13 More supple
14 Opera's start
15 Homer Simpson's favorite bar
16 Artist Max
17 Black — (spider type)
18 Fast Amtrak service
19 Bulrushes
24 Tirana's land: Abbr.
28 Themes
29 Comic Hardy, briefly
30 Shoals
31 "Stop, mate!"
32 Rex Stout's Wolfe
- ACROSS**

48 Rival of Sam's Club
53 In that case
54 Steroid user's physique?
58 Repair shop guess: Abbr.
59 Routine task
60 Has no entity
61 Provide with an ability
62 Oahu gift
63 Some South Africans
66 Animal home
68 Actress Charlotte and explorer John
69 Green gem's chief constituent?
74 Algerian port
75 Plastic film measure
76 "— vincit amor"
77 Actor Scheider
78 Lacking in resonance
80 High tennis hits
82 Swindle
84 "Undercover Boss" airer
- DOWN**

87 Comment to a baseballer from a fan who's studied his fly-catching technique?
91 Jai —
92 Spirited session?
93 "Ac-cent— —ate the Positive" (1945 hit)
94 Bad way to finish a race
96 Major name in insurance
99 Not masc.
101 Haunting
102 Indy's 200
106 Six: Prefix
108 Ice cube?
112 Slightly feral?
116 Davis with a 1988 Oscar
117 Gratification
118 Precious metal one keeps for many years?
124 UPS cargo
125 Immature egg
126 See 121-Down
127 Most thin, as fabric
128 Affirmative responses
129 Eats into
- ACROSS**

33 Pt. of DOJ
38 No, in Fife
40 Fall mo.
41 Drink with a lizard logo
43 Major rift
44 Hugs, in text
45 Skirt ruffle
47 Penitentiary
49 Solar beam
50 Like some waves
51 Hip, with "in"
52 Lofty tributes
55 Light in signs
56 Captivated
57 Newsy note
59 "Meh" grade
62 Beatle John
64 U.N. division
65 Sleep activity
67 Poet Pablo
69 Tot's vehicle
70 Barbera's partner
71 Crop holder
72 Poodle name
73 Diviner's aid
74 Sitcom sot
79 Female youth gp.
81 Popular way to get around New York City
83 Barley brew
84 Cigar variety
85 Pesto herb
86 Positioned
88 "Tee- —!"
- DOWN**

89 Range of 300-3,000 MHz
90 Pit-stop stuff
91 Baldwin of "Lymelife"
95 One libeling
97 "— no way!"
98 Most fresh
100 Non-magical person, to Harry Potter
102 Reindeer herders of Scandinavia
103 Shia's deity
104 Pie slice, e.g.
105 Vampire killer
107 Solder, say
109 Dishes (out)
110 "Big Top — Wee"
111 Ham — (deli staple)
113 Despot of old
114 Sporting sled
115 Bird of peace
119 Mu followers
120 Shine, in ads
121 With 126-Across, Disney title
122 Spike of films
123 ENTs, e.g.



King Crossword

- ACROSS**

1 Nervous person?
6 Pack animal
11 Hold together
12 Each
14 Glanced
15 Drunk
16 Shade provider
17 Urge
19 Muhammad or Laila
20 Symbols of intrigue
22 A billion years
23 Laugh-a-minute
24 Attack from concealment
26 Arid areas
28 Third-party abbr.
30 Longing
31 "The Faerie Queene" writer
35 People of Cardiff
39 Lion's pride
40 Coquettish
42 Ridge on corduroy
43 List-ending abbr.
44 Nibbles
- DOWN**

6 Shell game need
47 Appeared ominously
49 Pillaged
51 Long, loud speech
52 Slues
53 Genders
54 Rebuffs a masher
1 Fleecy
2 Diamond shapes
3 "A mouse!"
4 Algonquian tribe
5 Small anchor
- ACROSS**

6 Nonsense
7 Topping
8 "Flying Down to —"
9 Fix
10 Spotted wildcat
11 Balls of yarn
13 Redacts
18 Deity
21 Backbone
23 Freshen, maybe
25 Type measures
27 Stitch
29 Makes up one's mind
- DOWN**

31 Do refinery work
32 Non-standard dialect
33 Concert call
34 Deteriorate
36 Computer style
37 Winter forecasts
38 Coin toss option
41 Shrill barks
44 "Adam —"
45 Earth
48 Upper limit
50 Lab eggs

MAGIC MAZE ● — MOTOR

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E R C Z X O U S Q N G L J G E
C Z E X V T I C R N A F P N L
J H E T R A C T I O N C O A Y
W V T R R P N L C R L U K R I
G E C E B A L Z X U T W U S D
R P P O M O T L J B D C I I O
G I E D R (G A S O L I N E) B V
W A Y T X E G A C W U S I L R
T T E K C O R E P P E T S S E
Q P O N L D K J H L G F D C S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Diesel
Electric
Fan
Ford
- Gasoline
Induction
Outboard
Rocket
- Servo
Starter
Stepper
Traction
- Tri
Trolling
Wiper



"I see you finally understand the
_____!"
answer on page 52

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Dread
MIDAYS _____

Pick
CLEET _____

Start
BINGE _____

Stroll
BLAMER _____

TODAY'S WORD

8					3	9		
	2		1					6
		6		4			5	
	8		4					9
3				5			2	
		7			9	1		
	6			8				4
		1	6				7	
5					2	6		

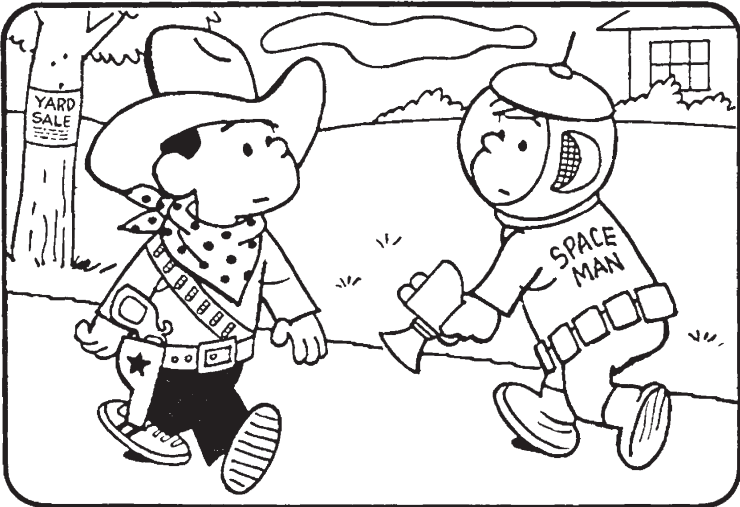
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

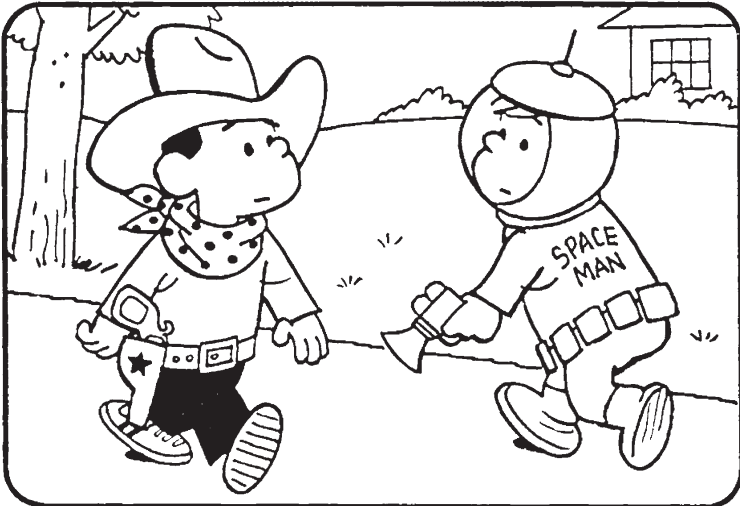
answer on page 53

HOCUS-FOCUS

BY
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Bandana is different. 3. Bullet belt is missing. 4. Cloud is missing. 5. Gun is missing. 6. Earpiece is missing.

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LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with The Midlife Chryslers, playing classic rock and dance. On Monday, it's Renata, playing funk, jazz and contemporary. On Tuesday and Wednesday, it's Sir Mitch, playing classic rock, R&B and dance. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. The "Jersey Kid" Mike Arnone performs on Monday. Woody Brubaker performs on Tuesday. Woody Brubaker and Barbara Smith perform on Wednesday. On Thursday, it's Joe McCormick and Marvilla Marzan.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

My Stars ★★★★★

FOR WEEK OF MAY 16, 2016

ARIES (March 21 to April 19) A once-harmonious relationship appears to be hitting some sour notes. Spend some time together to see why things have gone off-key. What you learn might surprise you.

TAURUS (April 20 to May 20) You feel a need to make some changes. Good -- you can do it on a small scale (some new clothes, for example), or go big and redecorate your home and/or office.

GEMINI (May 21 to June 20) Control your tendency toward early boredom. A situation in your life might be taking a long time to develop, but patience pays off. Stay with it.

CANCER (June 21 to July 22) You might feel that you're on an emotional roller coaster this week. Don't fret; just ride it out and let things settle down. A Pisces shows understanding.

LEO (July 23 to August 22) Do something different for once -- compromise. A stubborn stand on an important issue proves counterproductive. You need to be open to new ideas.

VIRGO (August 23 to September 22) A friend offers advice that you perceive as an act of betrayal. But before you turn against the messenger, pay attention to the message.

LIBRA (September 23 to October 22) A year of riding an emotional pogo stick finally settles down. Use this calmer period to restore frayed relationships and to pursue new opportunities.

SCORPIO (October 23 to November 21) Your words can sting, so be careful how you respond to a friend's actions. A calm approach could produce some surprising facts.

SAGITTARIUS (November 22 to December 21) Be careful about whose secrets you're being asked to keep. They could impose an unfair burden on a straight arrow like you.

CAPRICORN (December 22 to January 19) While you prefer taking the tried-and-true course in life, be adventurous this week and accept a challenge that can open new vistas.

AQUARIUS (January 20 to February 18) Your strong sense of justice helps you deal with a job- or school-related situation. Stay with your principles. A Sagittarius emerges as a supporter.

PISCES (February 19 to March 20) You need to build a stronger on-the-job support system to convince doubting colleagues that your innovative proposals are workable.

BORN THIS WEEK: You might not say much, but you're capable of extraordinary achievements. You are a loyal friend and a devoted family person.

THIS WEEK IN HISTORY

- On May 19, 1715, the colony of New York passes a law making it illegal to "gather, rake, take up, or bring to the market, any oysters whatsoever" between May and September. This regulation was one of many passed in the early days of America to help preserve certain species.
- On May 22, 1856, Rep. Preston

Brooks (D-S.C.) savagely beats Sen. Charles Sumner (R-Mass.) in the halls of Congress as tensions rise over the expansion of slavery. Wielding the gold-topped cane he used for injuries suffered in a duel over politics in 1840, Brooks entered the Senate chamber and attacked Sumner at his desk.

- On May 20, 1873, San Francisco businessman Levi Strauss and Reno, Nevada, tailor Jacob Davis are given a patent to create work pants reinforced with metal rivets, marking the birth of one of the world's most famous garments: blue jeans. They were originally called "waist overalls."

- On May 21, 1881, humanitarians Clara Barton and Adolphus Solomons found the American National Red Cross to provide humanitarian aid to victims of wars and natural disasters.

- On May 18, 1917, six weeks after the United States formally entered the First World War, the U.S. Congress passes the Selective Service Act, giving the U.S. president the power to draft soldiers. Within months, some 10 million men had registered.

- On May 16, 1929, the first-ever Academy Awards ceremony is held. Some 270 people attended, and tickets cost \$5 each. After dinner, complete with numerous speeches, actor Douglas Fairbanks handed out 15 awards in a five-minute ceremony.

- On May 17, 1965, after a two-year investigation, the FBI declares the supposedly pornographic lyrics of "Louie Louie" to be officially unintelligible. Agents had purchased numerous versions of "Louie Louie" played and re-played the song at different speeds in their laboratory.

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MAGGIE BUTCHER

STRANGE BUT TRUE

• It was 20th-century English novelist E.M. Forster who made the following sage observation: "We must be willing to let go of the life we have planned, so as to have the life that is waiting for us."

• If you're a pogonophobe, the rise of hipsterism in recent years is not good news -- anyone afraid of beards isn't going to get far in public these days without confronting one.

• For centuries, the wrinkling of skin on fingers and toes when they soak in water was cause for puzzlement (among those who take the time to wonder about such things, if nobody else). Researchers believe they've found the answer: traction. Like the treads on a tire, the wrinkles of wet skin help improve the gripping power of our extremities; for our ancestors, this made it easier to walk and grip objects during wet seasons.

• You might be surprised to learn that immigration was not a national issue until the late 19th century. Up until 1890, when President Benjamin

Harrison declared Ellis Island to be the first federal immigration center, foreigners who wanted to live in America were handled on a state-by-state basis.

• John Sylvan is known as the creator of Keurig coffee pods, used in abundance throughout the world these days. Despite the success of his inventions, however, he refuses to use them himself; he says that he abhors the effect the non-recyclable, non-biodegradable pods have on the environment.

• Of all the actors who have portrayed James Bond in films before 2015, Pierce Brosnan racked up by far the most kills per movie. (The tally for last October's "Spectre" has not yet been counted.)

THOUGHT FOR THE DAY

"It is paradoxical that many educators and parents still differentiate between a time for learning and a time for play without seeing the vital connection between them." -- Leo Buscaglia

NOW HERE'S A TIP

"Dust from the top down, and clean walls from the bottom up. Dust falls, so by the time you get to the bottom, you've got it all, but drips are easier to clean off when the wall is already clean." -- I.M. in Ohio

• Here's how to ballpark the temperature of your camping fire for cooking. Arrange a cooking pot over the fire. A Dutch oven works best. Hold your hand about even with the side. Beginning at 550, count backward by 50 -- i.e., 550, 500, 450. When you have to remove your hand, you'll have an approximate temperature of the coals.

• "Got a great pair of jeans with a zipper that just won't stay up? Try this fantastic fix. Take a metal ring (like the one on a keychain) and feed it through the zipper pull. Then zip up. When you get to the top, loop the metal ring around the button, then button up the jeans. That barn door is staying closed!" -- S. in Oregon

• You can thread a needle better if you spray the thread end with

hairspray. It stiffens the fiber, which will then stay straight.

• "After hand-washing an item, rather than wringing it out, place it between two towels and just run a rolling pin over the top towel." -- A.D. in New York

• Use an old lip brush to take care of stray nail polish mistakes when you're painting your nails. It's MUCH better than trying to use a cotton swab, since no strands of cotton get left behind. A lip brush is small and tight, so it can get into precision spots. You can use a cotton pad with a little nail polish remover on it to clean it up after you're done.

SCRAMBLERS

solution

1. Dismay; 2. Elect;
3. Begin; 4. Ramble

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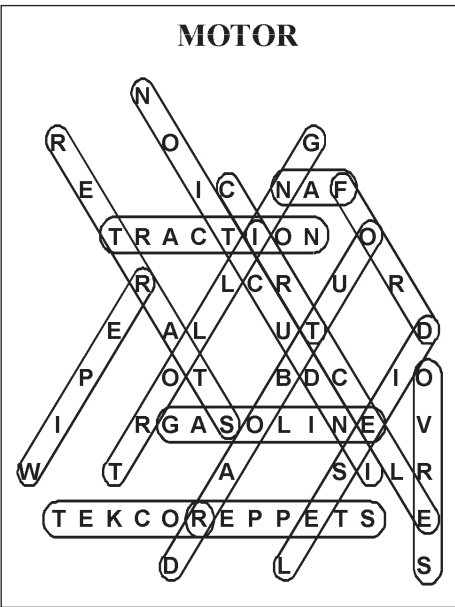
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MAGIC MAZE



SUDOKU

8	7	5	2	6	3	9	4	1
9	2	4	1	7	5	3	8	6
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7	6	3	5	8	1	2	9	4
2	9	1	6	3	4	8	7	5
5	4	8	7	9	2	6	1	3

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Due to training, weekly shifts are required. Contact Liz Pearson at 239-472-3644 ext. #229 or email epearson@crowclinic.org. Find an application and more information on our website at www.crowclinic.org. Other volunteer positions also available.
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Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31.

The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
 - Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
 - Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
 - Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
 - Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.
- Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



Volunteers check a sea turtle nest after hatching
photo provided by SCCF

HORTOONS

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Harbours	Sanibel	1996	3,083	\$2,995,000	\$2,590,000	28
Not Applicable	Alva	2006	5,752	\$2,650,000	\$2,325,000	132
Whisperwood Cove	Sanibel	1997	4,287	\$2,495,000	\$2,200,000	0
Del Sega	Sanibel	2011	4,564	\$2,395,000	\$2,150,000	107
Fa Lanes Bayview	Captiva	1999	2,569	\$2,339,000	\$2,225,000	23
Shell Harbor	Sanibel	1977	3,314	\$2,295,000	\$1,950,000	49
Galt Island Shores	St. James City	1995	3,113	\$1,400,000	\$1,350,000	244
Flamingo Harbour Condo	Fort Myers Beach	1991	3,362	\$1,299,000	\$1,200,000	269
Santini Cross Unrec	Fort Myers Beach	2006	1,918	\$899,900	\$880,000	2
Sweet Bay At Shadow Wood	Bonita Springs	2003	3,152	\$875,000	\$875,000	42



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